

Effective Field Theory in a Mass Ratio Expansion

Loop-the-Loop

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Based on:

Cheung, NS, Solon (2010.08568);

Cheung, Wilson-Gerow, Parra-Martinez, Rothstein, NS (2308.14832, 2406.14770)

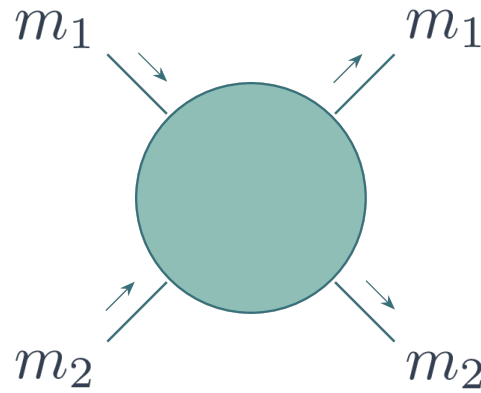
Point Particle Effective Field Theory

Separation of Scales

Dimensional regularization

Differential equations

Integration-by-parts identities

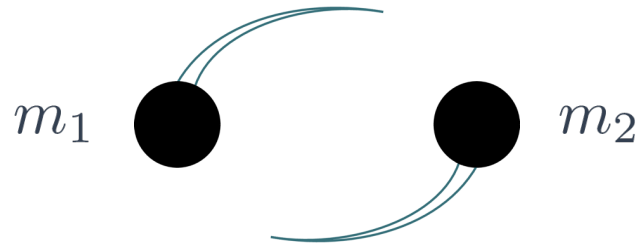


Recursion relations

Generalized unitarity

Double Copy

Relativistic
Perturbative in G

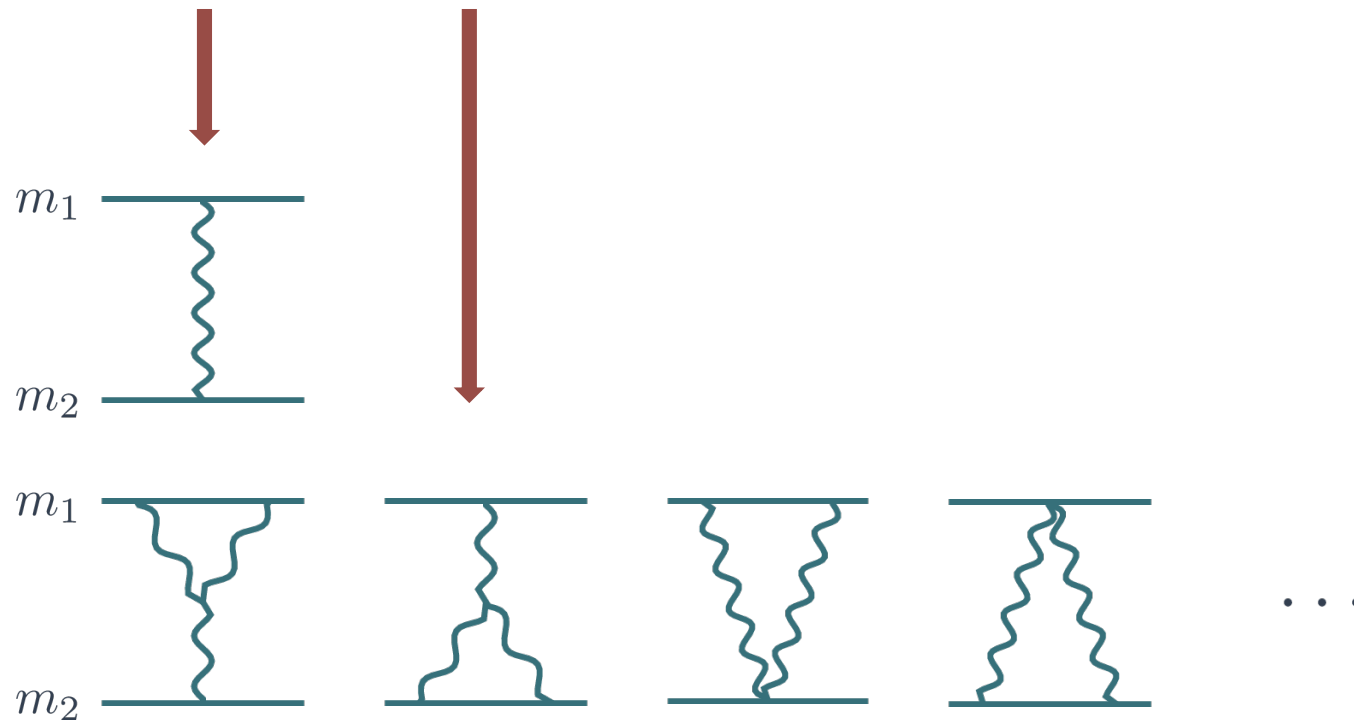


Post-Minkowskian Perturbation Theory

$$V = c_1 \left(\frac{G}{r} \right) + c_2 \left(\frac{G}{r} \right)^2 + \dots$$

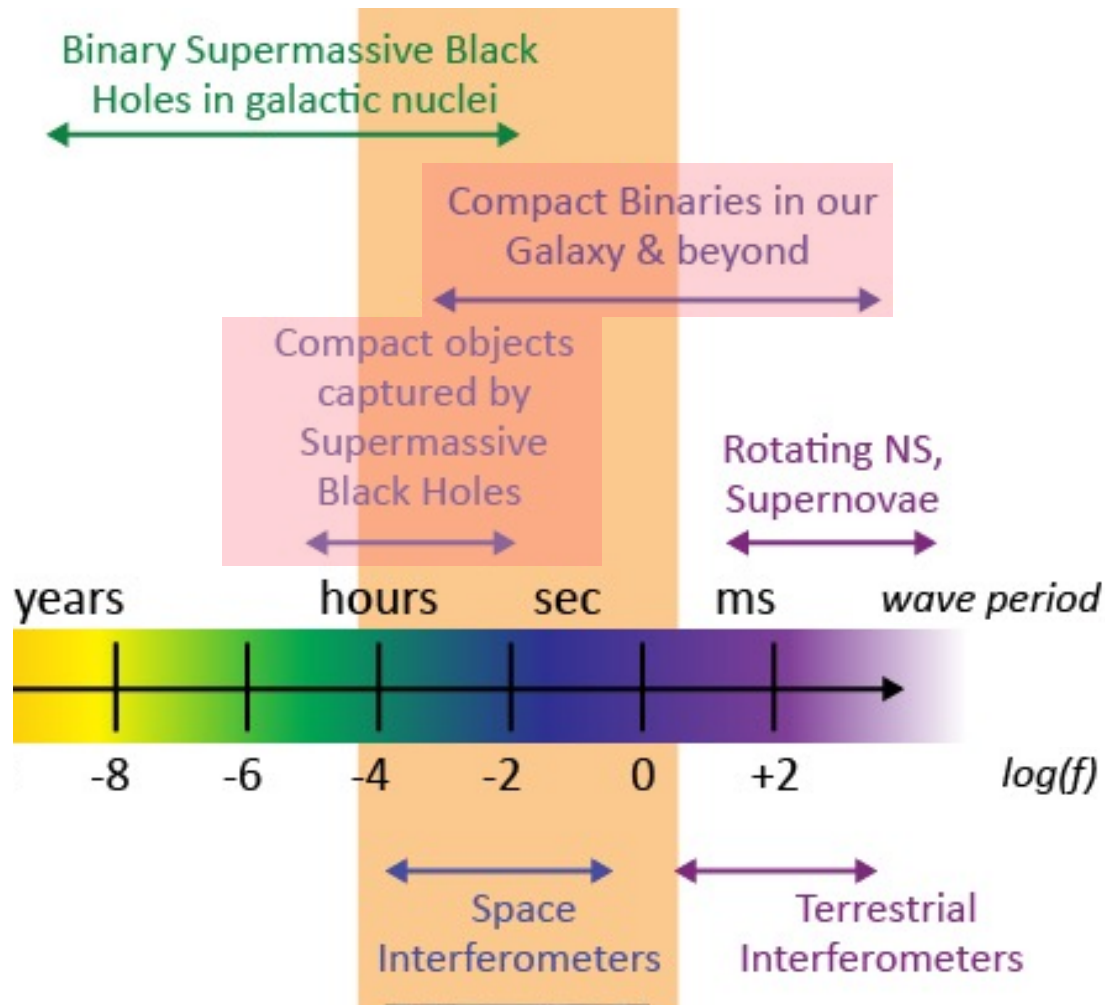
Generically: $c_n(\mathbf{p}^2, \mathbf{p} \cdot \mathbf{r})$

Isotropic: $c_n(\mathbf{p}^2)$



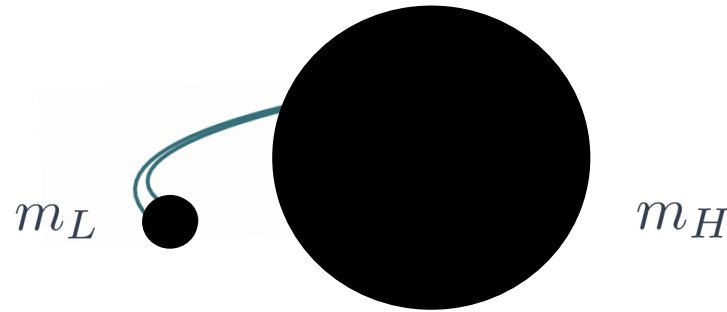
An expansion in loops with **all orders in velocity at each loop order**

Gravitational Wave Astronomy



<https://lisa.nasa.gov>

Extreme Mass Ratio Inspirals (EMRIs)



Strong field and relativistic

LISA is expected to detect ~ 100 Extreme Mass Ratio Inspirals per year

Gair, Barack, Creighton, Cutler, Larson, Phinney, Vallisner (2004); Gair, Mandel, Wen (2008)

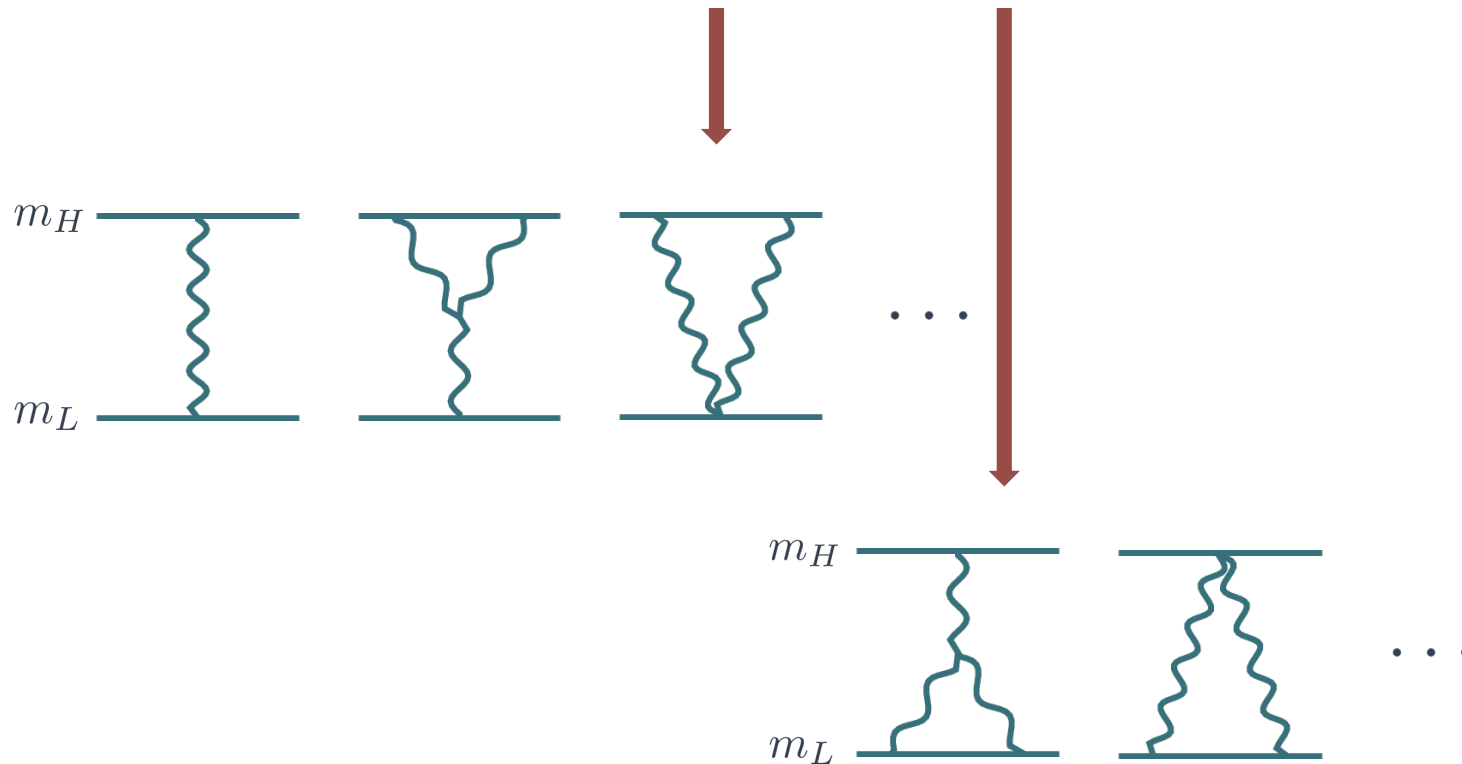
Self force expansion: $\lambda = \frac{m_1}{m_2} = \frac{m_L}{m_H}$

When $\lambda \rightarrow 0$, we can think of the lighter body as a probe or **test particle** while the larger static black hole generates a **Schwarzschild background**

At higher orders, m_L will cause m_H to **recoil** which will in turn affect m_L in an effect known as the **self force**

Reorganization in a Self Force (SF) Expansion

Classical Amplitude: $\mathcal{M} = \lambda^0 \mathcal{M}_{0\text{SF}} + \lambda^1 \mathcal{M}_{1\text{SF}} + \lambda^2 \mathcal{M}_{2\text{SF}} + \dots$



An **infinite set** of diagrams at each order

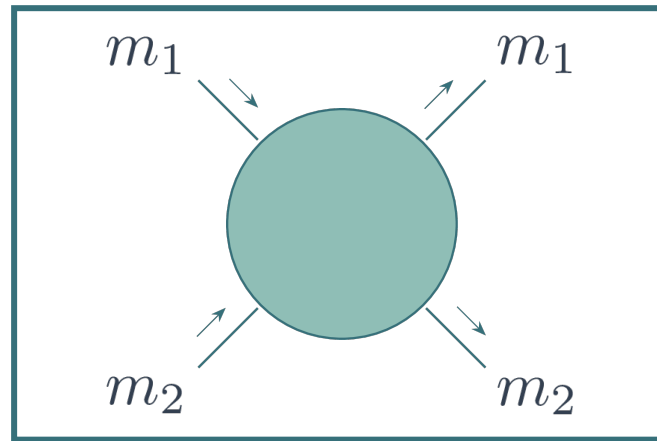
Interplay of PM and SF Expansions

$\mathcal{M}_{1\text{PM}} \sim G m_L^2 m_H^2 (1)$ $\mathcal{M}_{2\text{PM}} \sim G^2 m_L^2 m_H^2 (m_H + m_L)$	OSF
$\mathcal{M}_{3\text{PM}} \sim G^3 m_L^2 m_H^2 (m_H^2 + m_H m_L + m_L^2)$ $\mathcal{M}_{4\text{PM}} \sim G^4 m_L^2 m_H^2 (m_H^3 + m_H^2 m_L + m_H m_L^2 + m_L^3)$	1SF
$\mathcal{M}_{5\text{PM}} \sim G^5 m_L^2 m_H^2 (m_H^4 + m_H^3 m_L + m_H^2 m_L^2 + m_H m_L^3 + m_L^4)$	
	OSF 1SF 2SF 3SF 4SF

At each post-Minkowskian order, the amplitude has a simple **polynomial** expression in terms of the masses

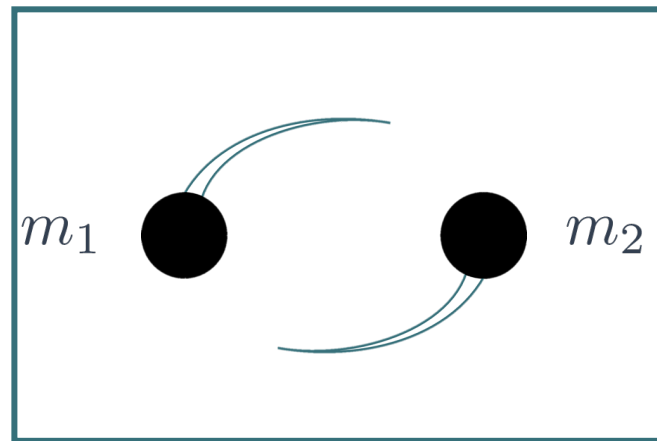
Vines, Steinhoff, Buonanno (2019); Siemonsen, Vines (2019); Bini, Damour, Geralico (2019, 2020); Damour (2020); Antonelli, Kavanagh, Khalil, Steinhoff, Vines (2020)

Best of both worlds?



Field theoretic tools

Classical inspiration?



Classical Solutions at All Orders in G

The metric encodes all order PM data as a sum of infinite flat space diagrams:

$$g_{\mu\nu} = \eta_{\mu\nu} + \text{diagram}_1 + \text{diagram}_2 + \text{diagram}_3 + \text{diagram}_4 + \dots$$

Duff (1972)

$$g^{00} = -1 - \frac{2GM}{r} - \frac{2(GM)^2}{r^2} + O(G^3)$$

$$g^{ij} = \left(1 - \frac{2GM}{r} + \frac{3(GM)^2}{r^2}\right) \eta^{ij} - \frac{(GM)^2}{r^2} \frac{x^i x^j}{r^2} + O(G^3)$$

Resummation to all orders reproduces the Schwarzschild metric

Damgaard, Lee (2024); Mougiakakos, Vanhove (2024)

Classical Solutions at All Orders in G

The **metric encodes all order PM data** as a sum of infinite flat space diagrams:

$$g_{\mu\nu} = \eta_{\mu\nu} + \begin{array}{c} \text{diagram 1} \\ G \end{array} + \begin{array}{c} \text{diagram 2} \\ G^2 \end{array} + \begin{array}{c} \text{diagram 3} \\ G^3 \end{array} + \begin{array}{c} \text{diagram 4} \\ G^3 \end{array} + \dots$$

Duff (1972)

The **geodesic equation** encodes data for a test particle in a background:

$$\text{geodesic} = \begin{array}{c} \text{diagram 1} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 2} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 3} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 4} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 5} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 6} \\ \text{---} \end{array} + \begin{array}{c} \text{diagram 7} \\ \text{---} \end{array} + \dots$$

Mougiakakos, Vanhove (2024)

Expand known solutions

Perturbations Away From a Probe in Schwarzschild

1. At OSF:

perturbative corrections away from a non-spinning black hole binary system

- for arbitrary mass ratios in the leading PM order
- in the probe limit at all PM orders

Examples:

tidal distortions

higher derivative corrections to general relativity

interactions with a charged body

Cheung, NS, Solon (2020)

2. Beyond OSF:

Effective field theory in a mass ratio expansion

Cheung, Parra-Martinez, Rothstein, NS, Wilson-Gerow (2023)

Schematic Procedure: OSF

Geodesic equation, Hamiltonian

$$g^{\mu\nu} P_\mu P_\nu + m^2 - \alpha \mathcal{O}(g, P) = 0, \quad P_\mu = (H, p_r, p_\theta, p_\phi)$$

$$H(p, r, J) \rightarrow H^{\text{iso}}(p, r)$$

Diffeomorphism: $r \rightarrow f(r)$

Amplitude

$$\mathcal{M}(p, r) = \frac{1}{2\sqrt{(p^2 + m^2)}} (\bar{p}(r)^2 - p^2) + \text{iterations}$$

$$H^{\text{iso}}(\bar{p}(r), r) = E = \sqrt{p^2 + m^2}$$

The extraction procedure is **purely algebraic** thanks to the *impetus formula*

Bern, Cheung, Roiban, Shen, Solon, Zeng (2018, 2019);
Kälin, Porto (2020); Bjerrum-Bohr, Cristofoli, Damgaard (2020)

Schematic Procedure: Arbitrary Mass Ratios at 1PM

Geodesic equation, Hamiltonian

$$g^{\mu\nu} P_\mu P_\nu + m^2 - \alpha \mathcal{O}(g, P) = 0, \quad P_\mu = (H, p_r, p_\theta, p_\phi)$$

$$H(p, r, J) \rightarrow H^{\text{iso}}(p, r)$$

$$\frac{J^{2k}}{r^n} \rightarrow \frac{p^{2k} r^{2k}}{r^n} \times \frac{\text{Poch}(\frac{n}{2} - \frac{1}{2} - k, k)}{\text{Poch}(\frac{n}{2} - k, k)}$$

Amplitude

$$\mathcal{M}(p, r) = \frac{1}{2\sqrt{(p^2 + m^2)}} (\bar{p}(r)^2 - p^2) + \text{iterations}$$

$$H^{\text{iso}}(\bar{p}(r), r) = E = \sqrt{p^2 + m^2}$$

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An EFT Formalism for Extreme Mass Ratios

1. Starting point: **probe motion in curved spacetime**, \bar{x}_L and $\bar{g}_{\mu\nu}(x)$

2. Accounting for **heavy particle motion** with x_H

3. A systematic **expansion in** $\lambda = \frac{m_L}{m_H}$:
$$g_{\mu\nu} = \bar{g}_{\mu\nu} + \delta g_{\mu\nu}$$
$$x_i^\mu = \bar{x}_i^\mu + \delta x_i^\mu$$

4. **Integrate out** the heavy particle fluctuation, δx_H

5. Derive effective action: **background field + corrective operators**

6. Calculate quantities of interest: e.g. **on-shell radial action**
which is a generating function for the angle of scattering, $\Delta\phi = -\frac{d\bar{S}}{dJ}$

Electromagnetism

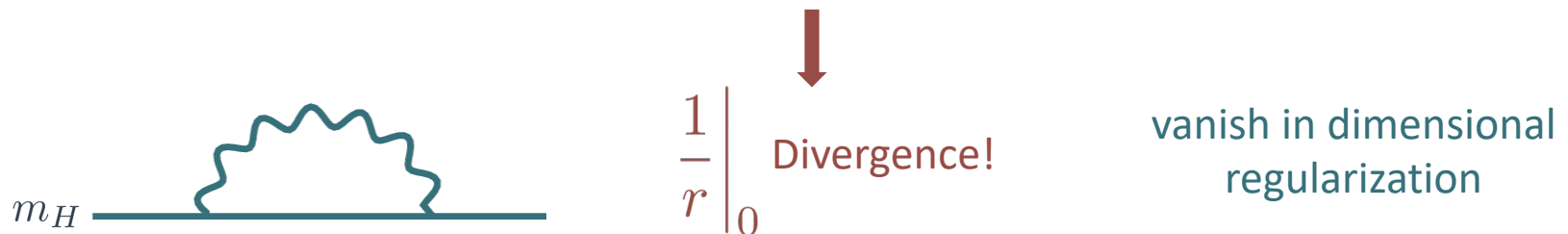
Background Configuration: Test Particle in an Electromagnetic Field

Coulomb potential: $\bar{A}_\mu(x) = \frac{z_H m_H u_{H\mu}}{4\pi r}$ where $r = \sqrt{(u_H x)^2 - x^2}$

and $\ddot{\bar{x}}_L^\mu - z_L \bar{F}^{\mu\nu}(\bar{x}_L) \dot{\bar{x}}_{L\nu} = 0$ is the light particle equation of motion

Assume $z_i = \frac{q_i}{m_i}$ of equal size so that **forces scale with mass**

For the heavy particle: $\ddot{\bar{x}}_H^\mu - z_H \bar{F}^{\mu\nu}(\bar{x}_H) \dot{\bar{x}}_{H\nu} = 0$



Background motion of the heavy particle is simply $\bar{x}_H^\mu(\tau) = u_H^\mu \tau$

Mass Ratio Expanded Action

Electromagnetically interacting charged massive scalars:

$$S_{\text{EM}} = m_H \int d\tau \left[-\frac{1}{2} \dot{x}_H^2 - z_H \dot{x}_H^\mu A_\mu(x_H) - \lambda \left(\frac{1}{2} \dot{x}_L^2 + z_L \dot{x}_L^\mu A_\mu(x_L) \right) \right]$$

$$+ \int d^4x \left[-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} \right] \quad \text{light particle action is suppressed by } \lambda$$

$$A_\mu = \bar{A}_\mu + \delta A_\mu$$

$$x_i^\mu = \bar{x}_i^\mu + \delta x_i^\mu$$



dimensional regularization sets terms
with $\bar{A}_\mu(x_H)$ to zero

$$S_{\text{EM}} = \bar{S}_{\text{EM}} + \delta S_{\text{EM}}$$

$$\delta S_{\text{EM}} = m_H \int d\tau \left[-\frac{1}{2} \delta \dot{x}_H^2 - z_H \delta x_H^\mu \dot{x}_H^\nu \delta F_{\mu\nu}(\bar{x}_H) - \lambda z_L \dot{x}_L^\mu \delta A_\mu(\bar{x}_L) \right]$$

$$+ \int d^4x \left[-\frac{1}{4} \delta F_{\mu\nu} \delta F^{\mu\nu} \right] + \dots$$

Effective Action and Recoil Operator: 1SF

$$\delta S_{\text{EM}} = m_H \int d\tau \left[-\frac{1}{2} \delta \dot{x}_H^2 - z_H \delta x_H^\mu \dot{x}_H^\nu \delta F_{\mu\nu}(\bar{x}_H) - \lambda z_L \dot{x}_L^\mu \delta A_\mu(\bar{x}_L) \right] \\ + \int d^4x \left[-\frac{1}{4} \delta F_{\mu\nu} \delta F^{\mu\nu} \right] + \dots$$

Integrate out δx_H using $\delta \ddot{x}_H^\mu - z_H \delta F^{\mu\nu}(\bar{x}_H) \dot{x}_{H\nu} = 0$

$$\delta S_{\text{EM}}^{\text{eff}} = \mathcal{R}_{\text{EM}} + \int d^4x \left(-\frac{1}{4} \delta F_{\mu\nu} \delta F^{\mu\nu} - \delta A_\mu \bar{J}_L^\mu \right)$$

$$\mathcal{R}_{\text{EM}} = -\frac{1}{2} z_H^2 m_H \int d\tau \dot{x}_H^\alpha \delta F_{\alpha\mu}(\bar{x}_H) \frac{1}{\partial_\tau^2} \dot{x}_H^\beta \delta F_\beta{}^\mu(\bar{x}_H)$$

The non-local in time **recoil operator** accounts for the wobble of the heavy particle



Effective Action and Recoil Operator: 2SF

For light particle fluctuation:

$$m_L \int d\tau \left[-\frac{1}{2} \delta \dot{x}_L^2 - z_L \delta x_L^\mu \dot{\bar{x}}_L^\nu \delta F_{\mu\nu}(\bar{x}_L) \right. \\ \left. - \frac{1}{2} z_L \delta x_L^\mu \delta \dot{x}_L^\nu \bar{F}_{\mu\nu}(\bar{x}_L) - \frac{1}{2} z_L \delta x_L^\rho \delta x_L^\nu \dot{\bar{x}}_L^\mu \partial_\rho \bar{F}_{\mu\nu}(\bar{x}_L) \right]$$

The light particle experiences **recoil** and deviation from its trajectory but continues to propagate in the background

Heavy particle recoil:

$$\mathcal{R}_{\text{EM}}^{(2\text{SF})} = \frac{z_H^2 m_H}{2} \int d\tau \left[\delta E^\alpha(\bar{x}_H) \frac{1}{\partial_\tau^2} \delta F_{\alpha\mu}(\bar{x}_H) \frac{1}{\partial_\tau} \delta E^\mu(\bar{x}_H) \right. \\ \left. + \delta E^\alpha(\bar{x}_H) \frac{1}{\partial_\tau^2} \partial_\mu \delta E_\alpha(\bar{x}_H) \frac{1}{\partial_\tau^2} \delta E^\mu(\bar{x}_H) \right] \\ \text{(where } \delta E^\mu = \dot{\bar{x}}_{H\nu} \delta F^{\mu\nu} \text{)}$$

Types of Interactions

1SF:

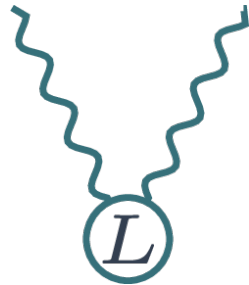


m_L background trajectory source



Heavy particle recoil operator

2SF:



Deviation and propagation



Heavy particle recoil operator

Gravity

Effective Action at 1SF

Gravitationally interacting massive scalars:

$$S_{\text{GR}} = \sum_{i=H,L} m_i \int d\tau \left[-\frac{1}{2} \dot{x}_i^\mu \dot{x}_i^\nu g_{\mu\nu}(x_i) \right] + \int d^4x \sqrt{-g} \left[-\frac{1}{16\pi G} R \right]$$

Self-energy contributions are dropped and the action at 1SF is

$$\delta S_{\text{GR}}^{\text{eff}} = \mathcal{R}_{\text{GR}} - \int d^4x \sqrt{-\bar{g}} \left[\frac{1}{32\pi G} \left(\frac{1}{2} \bar{\nabla}_\rho \delta g_{\mu\nu} \bar{\nabla}^\rho \delta g^{\mu\nu} + \dots + \frac{1}{2} \delta g_{\mu\nu} \bar{T}_L^{\mu\nu} \right) \right]$$

$$\mathcal{R}_{\text{GR}} = -\frac{1}{2} m_H \int d\tau \dot{\bar{x}}_H^\alpha \dot{\bar{x}}_H^\beta \delta \Gamma^\mu_{\alpha\beta}(\bar{x}_H) \frac{1}{\partial_\tau^2} \dot{\bar{x}}_H^\gamma \dot{\bar{x}}_H^\delta \delta \Gamma_{\mu\gamma\delta}(\bar{x}_H)$$

The action describes interactions of a probe particle with fluctuations of the background with heavy particle recoil encoded in a nonlocal operator

Expanding curved spacetime solutions provides **simplification**

Types of Interactions

1SF:

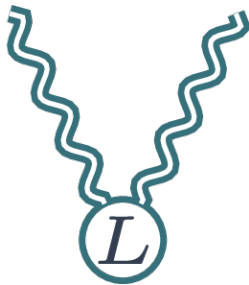


Geodesic source

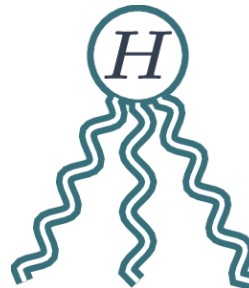


Recoil operator

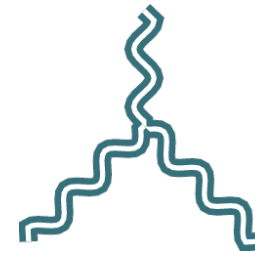
2SF:



Geodesic deviation



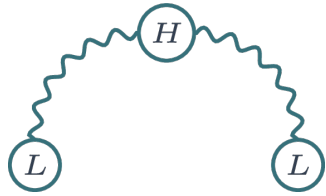
Recoil operator



Self-interactions

Computing the Radial Action

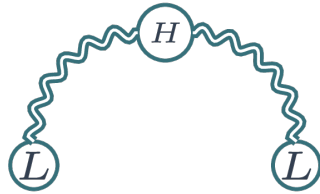
Radial action (in the potential region) at 1SF:



Electromagnetism

Computing the Radial Action

Radial action (in the potential region) at 1SF:



+



Gravitation



Toy Models

Toy Models: Additional scalar or vector particle that interacts directly with the light particle but only gravitationally with the heavy particle

Scalar field coupled to the light particle:

$$S_{\text{scalar}} = \int d^4x \sqrt{-\bar{g}} \left[\frac{1}{2} \bar{\nabla}_\mu \Phi \bar{\nabla}^\mu \Phi + \frac{1}{2} \xi \bar{R} \Phi^2 - \Phi J \right]$$

where $J(x) = y_L m_L \int d\tau \frac{\delta^4(x - \bar{x}_L)}{\sqrt{-\bar{g}}}$

Computing the Radial Action

Radial action (in the potential region) at 1SF:



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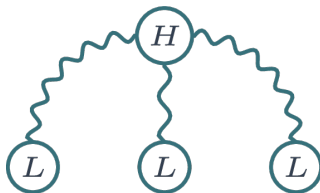
Gravitation



Toy Models

Toy Models: Additional scalar or vector particle that interacts directly with the light particle but only gravitationally with the heavy particle

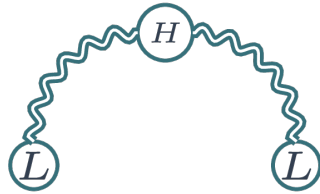
Radial action (in the potential region) at 2SF to 3PM:



Electromagnetism

Computing the Radial Action

Radial action (in the potential region) at 1SF:



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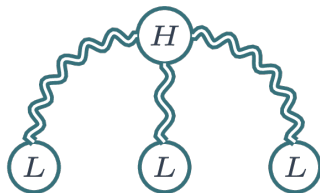
Gravitation



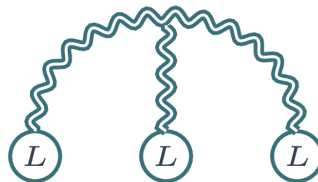
Toy Models

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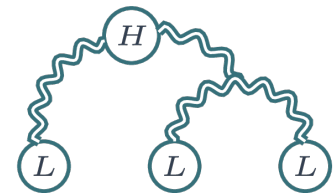
Radial action (in the potential region) at 2SF to 3PM:



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Electromagnetism

Gravitation

Contributions from the Geodesic Trajectory

The exact **solution for the geodesic motion** of a light body in the background generated by a heavier body is **known in four dimensions** but we want expressions in D dimensions

Option 1

Perturbatively solve the second order equation, $\ddot{\bar{x}}_L^\mu + \bar{\Gamma}^\mu_{\rho\sigma}(x_L)\dot{\bar{x}}_L^\rho\dot{\bar{x}}_L^\sigma = 0$

$$\text{using } \bar{x}_L^\mu = \sum_{k=0}^{\infty} \bar{x}_k^\mu \quad \text{and} \quad \bar{\Gamma}^\mu_{\alpha\beta} = \sum_{k=1}^{\infty} \bar{\Gamma}_k^\mu_{\alpha\beta}$$

Option 2

Use conserved quantities to reformulate into first order equations

$$\dot{t} = A(E, J, r) \quad \dot{x} = B(E, J, r) \quad \dot{y} = C(E, J, r)$$

$$\partial_\tau^{(-1)} \quad \rightarrow \quad (u_L \cdot l)^{(-1)}$$

Many **propagators are linearized** and **tensor structures are reduced**

Results

Verifications:

	1SF	2SF
Electromagnetism	3PL	3PL
Gravitation	3PM	3PM
Scalar toy model	3PM	

New Results at 1SF:

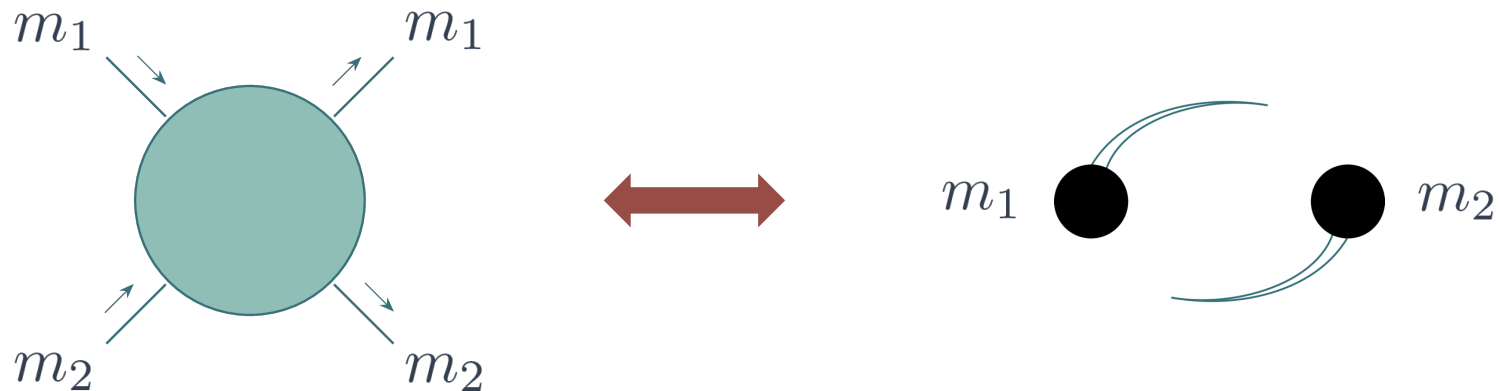
Radial action for the scattering of dyonic charges to 3PL

Vector toy model radial action to 3PM

Nonminimally coupled scalar radial action to 3PM

Checks: Probe action in a black hole background with scalar charge and a Reissner–Nordström background

In Conclusion



What are the best ways to harness the power of both approaches?

The resummation provided by classical solutions can be fed into the field theoretic computational pipeline to maximize benefits using an effective field theory in mass ratios

Old results were verified and new results obtained using this method

Are there pathways to all order computations?

Thank You!