

Self-consistent bounce from the 2PI effective action formalism

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MITP Effective Theories for non-perturbative
Physics

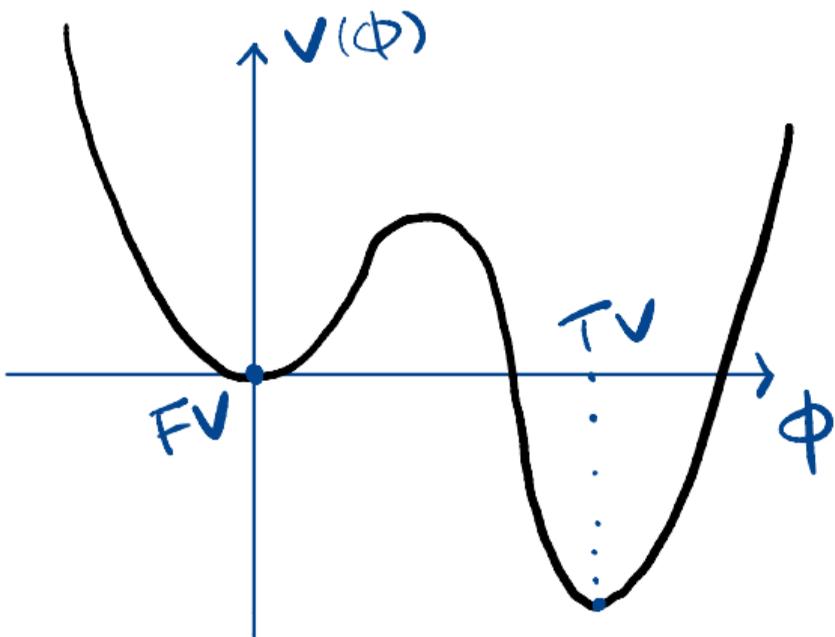


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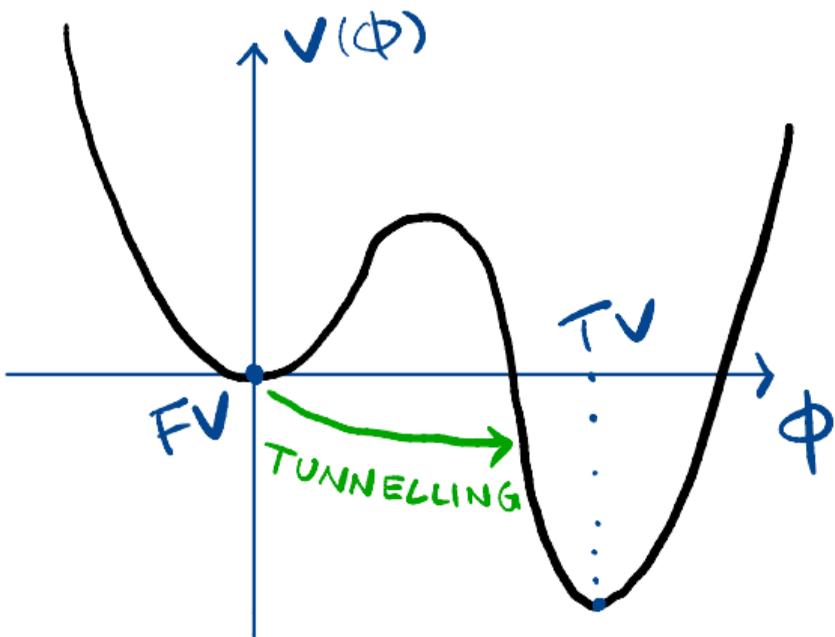
Outline

- 1** Introduction and motivation
 - False vacuum decay and phase transitions
 - Computing the decay rate
- 2 FV decay within the 2PI effective action formalism
- 3 Obtaining the self-consistent bounce
- 4 Conclusions and outlook

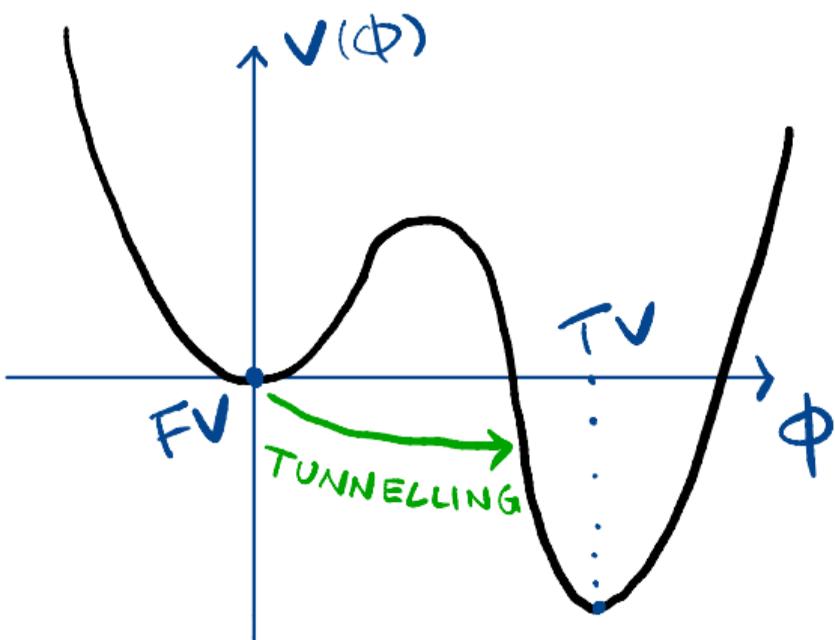
False vacuum decay and phase transitions



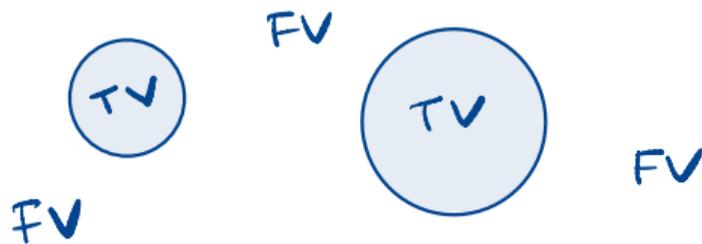
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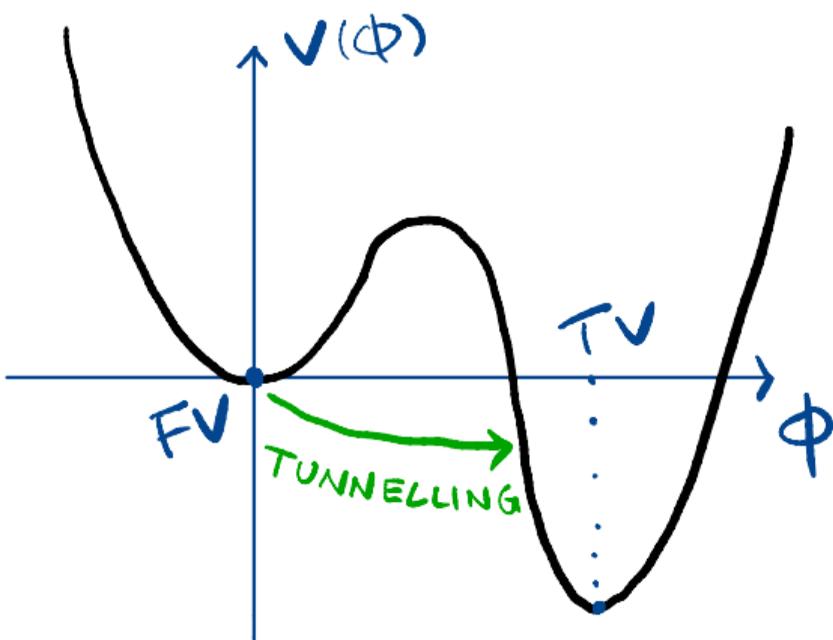


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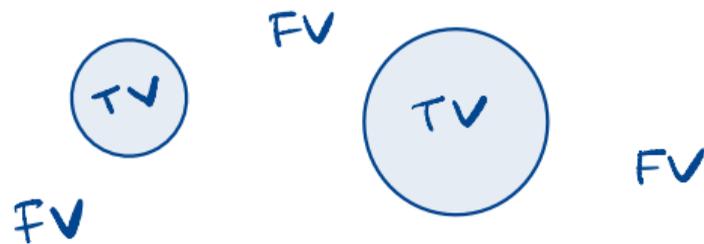


⇒ Bubble nucleation





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- EW Baryogenesis
- Formation of top. def.
- GWs
- SM stability

Computing the decay rate

- The survival probability of the false vacuum

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prefactor: encodes
the contribution of
quantum fluctuations

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The bounce action

- Introducing the Euclidean action

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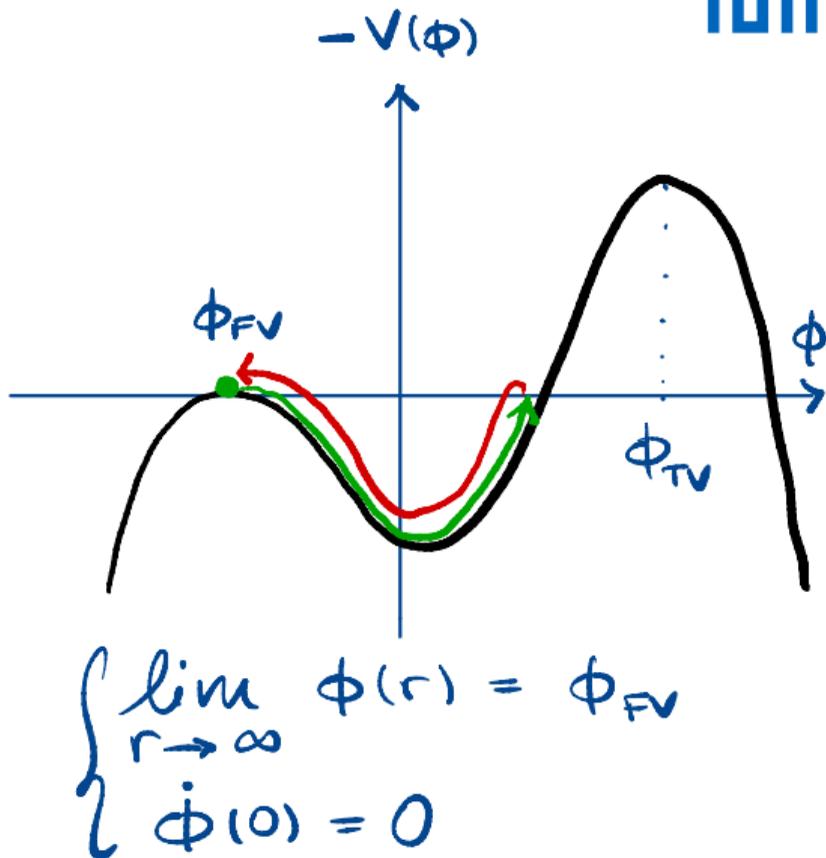
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- look for trajectories satisfying the EoM

$$-\Delta \phi + V'(\phi) = 0 \quad (1.3)$$

- using $O(d)$ invariance: $r^2 = x_E^i x_E^i$

$$-\frac{d^2 \phi}{dr^2} - \frac{d-1}{r} \frac{d\phi}{dr} + V'(\phi) = 0 \quad (1.4)$$



Including quantum corrections

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 - enhanced IR modes (e.g. dilatational modes, see Garbrecht&Millington 2018)

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Issues! The spectrum of fluctuations is now completely wrong! No zero modes, no negative mode, ...
- To solve these issues we employ the **2PI effective action** [Bergner&Bettencourt 2003, although only Hartree approximation]

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- 1 Introduction and motivation
- 2 FV decay within the 2PI effective action formalism
 - The 2PI effective action
 - The bounce equation of motion
 - The 2pt function equation of motion
 - Expanding the self-energy
- 3 Obtaining the self-consistent bounce
- 4 Conclusions and outlook

The 2PI effective action

- Define a generating functional for the connected 1- and 2-point functions [see e.g. Berges 2004, Introduction to Nonequilibrium QFT]

$$e^{W[J,R]} = \mathcal{N} \int [\mathcal{D}\phi] e^{-S_E[\phi] - \int_x J_x \phi_y - \frac{1}{2} \int_{x,y} \phi_x R_{xy} \phi_y} \quad (2.1)$$

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- Perform a Legendre transform to obtain the 2PI effective action

$$\Gamma_{2PI}[\varphi, G] = W[J, R] - \int_x J_x \varphi_x - \frac{1}{2} \int_{x,y} G_{xy} R_{xy} \quad (2.2)$$

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- Do a perturbative expansion in loops

$$\Gamma_{2PI}[\varphi, G] = S_E[\varphi] + \frac{1}{2} \text{Tr} \Delta^{-1} G - \frac{1}{2} \text{Tr} \log G^{-1} + \Gamma_2[\varphi, G] \quad (2.3)$$

The bounce equation of motion

- The EoM for the 1pt function is easily obtained

$$\frac{\delta\Gamma_{2PI}}{\delta\varphi(x)} = 0$$
$$\implies \frac{\delta S_E[\varphi]}{\delta\varphi(x)} + \frac{1}{2}V''''(\varphi(x))G(x,x) + \frac{\delta\Gamma_2}{\delta\varphi} = 0 \quad (2.4)$$

The 2pt function equation of motion

- The EoM for the connected 2pt function is obtained analogously

$$\frac{\delta\Gamma_{2PI}}{\delta G(x, y)} = 0$$
$$\implies \Delta^{-1}(x, y) - G^{-1}(x, y) + \Sigma(x, y) = 0 \quad (2.5)$$

- having defined

$$\Sigma(x, y) = 2 \frac{\delta\Gamma_2}{\delta G(x, y)} \quad (2.6)$$

The 2pt function equation of motion

- The operator equation reads (we suppress indices for simplicity)

$$G = \Delta + \Delta \Sigma G \quad (2.7)$$

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- Representing it diagrammatically makes it clear that G satisfying eq. (2.7) is the resummed propagator

$$G := \text{---} = G_0 := \text{---}$$

$$\begin{aligned} \text{---} &= \text{---} + \text{---} \circlearrowleft \Sigma \text{---} \\ &= \text{---} + \text{---} \circlearrowleft \Sigma \text{---} + \text{---} \circlearrowleft \Sigma \circlearrowleft \Sigma \text{---} + \dots \end{aligned}$$

Expanding the self-energy

- The term Γ_2 contains all 2PI vacuum diagrams

$$\Gamma_2 = \text{Diagram 1} + \text{Diagram 2} + \text{Diagram 3} + \text{Diagram 4} + \text{Diagram 5} + \dots$$

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$$\Gamma_2 = \text{[Diagram 1]} + \text{[Diagram 2]} + \text{[Diagram 3]} + \text{[Diagram 4]} + \text{[Diagram 5]} + \dots$$

- The self-energy Σ is obtained by differentiation, i.e. cutting one leg

$$\frac{\delta \Gamma_2}{\delta G} \sim \text{[Diagram 1]} + \text{[Diagram 2]} + \text{[Diagram 3]} + \text{[Diagram 4]} + \dots$$

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 - Renormalising the tadpole
 - Renormalising the bubble
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A system of coupled equations

- At 1-loop order we obtain a system of coupled *non-linear integrodifferential* equations

$$-\Delta_x \varphi_x + V'(\varphi_x) + \frac{1}{2} V'''(\varphi_x) G_{xx} = 0 \quad (3.1)$$

$$(-\Delta_x + V''(\varphi_x)) G_{xy} + \int_z \Sigma_{xz} G_{zy} = \delta_{xy}^{(d)} \quad (3.2)$$

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- Let's make use of the central symmetry of the problem to simplify the equations

Angular momentum decomposition

- Introduce an angular momentum decomposition

$$G(x, y) = \frac{1}{(r_x r_y)^\kappa} \sum_{j, \{\ell\}} Y_{j, \{\ell\}}(\Omega_x) Y_{j, \{\ell\}}(\Omega_y) G_j(r_x, r_y) \quad (3.3)$$

- Split the self-energy into local and non-local contributions

$$\Sigma(x, y) = \delta^{(d)}(x - y)\Pi(x) + \Sigma_{\text{n.l.}}(x, y) \quad (3.4)$$

- Make a similar ansatz for the non-local term

$$\Sigma_{\text{n.l.}}(x, y) = \frac{1}{(r_x r_y)^\kappa} \sum_{j, \{\ell\}} Y_{j, \{\ell\}}(\Omega_x) Y_{j, \{\ell\}}(\Omega_y) \Sigma_j(r_x, r_y) \quad (3.5)$$

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$\kappa = \frac{d}{2} - 1$

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A system of coupled equations

- We get a system of ordinary integro-differential equations, though now we have infinitely many of them, all coupled!

$$-\frac{1}{r^{d-1}} \frac{d}{dr} r^{d-1} \frac{d}{dr} \varphi(r) + V'(\varphi(r)) + \frac{1}{2} V'''(\varphi(r)) G_{xx} = 0 \quad (3.6)$$

$$\left(-\frac{1}{r} \frac{d}{dr} r \frac{d}{dr} + \frac{(j + \kappa)^2}{r^2} + V''(\varphi(r)) + \Pi(r) \right) G_j(r, r') + \int_0^\infty dr'' r'' \Sigma_j(r, r'') G_j(r'', r') = \frac{1}{r} \delta(r - r') \quad (3.7)$$

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- We can only solve this **self-consistently**

The self-consistent procedure

1. Solve for the bounce at tree-level

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4. Solve for the bounce with 1-loop self-energies
5. Solve for the Green's function with 1-loop self-energies
6. Go back to step 3 and repeat until convergence

Renormalising the tadpole

- Take the potential

$$V(\phi) = \frac{m^2}{2}\phi^2 + \frac{g}{3!}\phi^3 + \frac{\lambda}{4!}\phi^4 \quad (3.8)$$

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- We must renormalise the coincident Green's function

$$\begin{aligned} G(x, x) &= \frac{1}{r^{2\kappa}} \sum_{j, \{\ell\}} Y_{j, \{\ell\}}(\Omega) Y_{j, \{\ell\}}(\Omega) G_j(r, r) \\ &= \frac{2}{(4\pi)^{\kappa + \frac{1}{2}}} \frac{1}{\Gamma\left(\kappa + \frac{1}{2}\right)} \frac{1}{r_x^{2\kappa}} \sum_{j=0}^{\infty} (j + \kappa) \frac{\Gamma(j + 2\kappa)}{\Gamma(j + 1)} G_j(r, r) \end{aligned} \quad (3.10)$$

Renormalising the tadpole

- The UV divergence is due to the large angular momentum modes: use WKB to obtain an expression for these

$$G_j^{\text{WKB}}(r, r) = \frac{1}{2(j + \kappa)} \left(1 - \frac{m_\phi^2(r)r^2}{2(j + \kappa)^2} + \mathcal{O}((j + \kappa)^{-4}) \right) \quad (3.11)$$

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$$m_\phi^2(r) = V''(\varphi(r)) + \Pi(r)$$

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- We can use dim. reg. to regularise the sum

$$\begin{aligned} [G(x, x)]_{\kappa=1-\epsilon} &= \frac{1}{2\pi^2 r^2} \sum_{j=0}^{\infty} (j + 1)^2 \left(G_j(r, r) - G_j^{\text{WKB}}(r, r) \right) + \left[G^{\text{WKB}}(x, x) \right]_{\kappa=1-\epsilon} \\ &= \frac{1}{2\pi^2 r^2} \sum_{j=0}^{\infty} (j + 1)^2 \left(G_j(r, r) - G_j^{\text{WKB}}(r, r) \right) \\ &\quad - \frac{1}{32\pi^2 r^2} \left[\frac{m_\phi^2(r)r^2}{\epsilon} + \frac{1}{3} + m_\phi^2(r)r^2 \log \frac{1}{4} e^2 r^2 \mu^2 \right] \end{aligned} \quad (3.12)$$

Renormalising the tadpole

- We can then define the $\overline{\text{MS}}$ -renormalised coincident Green's function

$$\begin{aligned}
 [G(x, x)]^{\overline{\text{MS}}} &= \frac{1}{2\pi^2 r^2} \sum_{j=0}^{\infty} (j+1)^2 \left(G_j(r, r) - G_j^{\text{WKB}}(r, r) \right) \\
 &\quad - \frac{1}{32\pi^2 r^2} \left[\frac{1}{3} + m_\phi^2(r) r^2 \log \frac{1}{4} e^2 r^2 \mu^2 \right]
 \end{aligned} \tag{3.13}$$

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 \end{aligned} \tag{3.13}$$

- We can then obtain the on-shell one by subtracting the $\phi \equiv \phi_{\text{FV}}$ result

$$\begin{aligned}
 [G(x, x)]^{\text{OS}} &= [G(x, x)]^{\overline{\text{MS}}} - [G(x, x)]_{\phi \equiv \phi_{\text{FV}}}^{\overline{\text{MS}}} \\
 &= \frac{1}{2\pi^2 r^2} \sum_{j=0}^{\infty} (j+1)^2 \left[G_j(r, r) - G_{0,j}(r, r) + \frac{(m_\phi^2(r) - m^2) r^2}{4(j+1)^3} \right] \\
 &\quad - \frac{1}{32\pi^2} (m_\phi^2(r) - m^2) \log \frac{1}{4} e^2 r^2 \mu^2
 \end{aligned} \tag{3.14}$$

Renormalising the bubble

- Renormalising the bubble is much harder. It requires finding the divergent structure of Σ_j defined by

$$\begin{aligned}
 G(x, y)^2 &= \left(\frac{2}{(4\pi)^{\kappa+\frac{1}{2}}} \frac{\Gamma(2\kappa)}{\Gamma\left(\kappa+\frac{1}{2}\right)} \frac{1}{(r_x r_y)^\kappa} \sum_{j=0}^{\infty} (j+\kappa) C_j^\kappa(\cos\theta) G_j(r_x, r_y) \right)^2 \\
 &= \frac{2}{(4\pi)^{\kappa+\frac{1}{2}}} \frac{\Gamma(2\kappa)}{\Gamma\left(\kappa+\frac{1}{2}\right)} \frac{1}{(r_x r_y)^\kappa} \sum_{j=0}^{\infty} (j+\kappa) C_j^\kappa(\cos\theta) \Sigma_j(r_x, r_y) \quad (3.15)
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$$\cos\theta = \frac{x \cdot y}{|x||y|}$$

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 \end{aligned}$$

- After a long computation, we find

$$\Sigma_j(r_x, r_y) \approx \sum_q q^2 G_q(r_x, r_y) G_{q+j}(r_x, r_y) \approx \sum_q \left(\frac{r_{<}}{r_{>}} \right)^{2q} \left(1 + \mathcal{O}(q^{-2}) \right) \quad (3.16)$$

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 &= \frac{2}{(4\pi)^{\kappa+\frac{1}{2}}} \frac{\Gamma(2\kappa)}{\Gamma\left(\kappa + \frac{1}{2}\right)} \frac{1}{(r_x r_y)^\kappa} \sum_{j=0}^{\infty} (j + \kappa) C_j^\kappa(\cos \theta) \Sigma_j(r_x, r_y) \quad (3.15)
 \end{aligned}$$

- After a long computation, we find $r_> = \max(r_x, r_y)$ $r_< = \min(r_x, r_y)$

$$\Sigma_j(r_x, r_y) \approx \sum_q q^2 G_q(r_x, r_y) G_{q+j}(r_x, r_y) \approx \sum_q \left(\begin{matrix} r_< \\ r_> \end{matrix} \right)^{2q} \left(1 + \mathcal{O}(q^{-2}) \right) \quad (3.16)$$

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- This means the divergence is indeed only local

$$\Sigma_j(r_x, r_y) \approx \frac{1}{\epsilon} \delta(r_x - r_y) \quad (3.18)$$

Renormalising the bubble

- After a long computation, we find

$$\Sigma_j(r_x, r_y) \approx \sum_q q^2 G_q(r_x, r_y) G_{q+j}(r_x, r_y) \approx \sum_q \left(\frac{r_{<}}{r_{>}} \right)^{2q} \left(1 + \mathcal{O}(q^{-2}) \right) \quad (3.17)$$

- This means the divergence is indeed only local

$$\Sigma_j(r_x, r_y) \approx \frac{1}{\epsilon} \delta(r_x - r_y) \quad (3.18)$$

- The divergence can be renormalised via local counter-terms

Outline

- 1 Introduction and motivation
- 2 FV decay within the 2PI effective action formalism
- 3 Obtaining the self-consistent bounce
- 4 Conclusions and outlook**

Conclusions and outlook

Lessons learned

- We can use the 2PI effective action to systematically include quantum corrections around a non-trivial field configuration
- Renormalisation in position space, even of simple diagrams, is hard!
- Divergences in position space can be very subtle and must be treated with great care

Our next steps

- Solving the system of equations numerically in $d = 2$, which is expected to converge fast
- Analysing the effect of the non-local term specifically
- Extend a similar analysis to similar systems, e.g. real-time bubble wall dynamics in a first-order phase transition

The translational zero-mode

- The fluctuation operator actually has a zero-mode, related to translational invariance. Starting from the tree-level EoM

$$\begin{aligned} \frac{d}{dr} \left(-\frac{1}{r^{d-1}} \frac{d}{dr} r^{d-1} \frac{d}{dr} \varphi(r) + V'(\varphi(r)) \right) &= 0 \\ \implies \left(-\frac{1}{r^{d-1}} \frac{d}{dr} r^{d-1} \frac{d}{dr} + \frac{d-1}{r^2} + V''(\varphi(r)) \right) \dot{\varphi}(r) &= 0 \end{aligned} \quad (5.1)$$

- There is d -many zero-modes in the $j = 1$ sector
- Quantum corrections do not break translational symmetry, thus we must find

$$\begin{aligned} \left(-\frac{1}{r^{d-1}} \frac{d}{dr} r^{d-1} \frac{d}{dr} + \frac{d-1}{r^2} + V''(\varphi(r)) + \Pi(r) \right) \phi_{\text{tr}}(r) \\ + \int_0^\infty dr'' r''^{d-1} \frac{1}{r''^{\frac{d}{2}-1}} \Sigma_j(r, r'') \phi_{\text{tr}}(r'') = 0 \end{aligned} \quad (5.2)$$

Subtracting the zero-mode

- The zero-modes are not propagating degrees of freedom and must thus be subtracted

$$\mathcal{O}G^\perp = \mathbb{1}^\perp \quad (5.3)$$

- The operator $\mathbb{1}^\perp$ is the identity on the orthogonal subspace to the one spanned by the zero-modes

$$\mathbb{1}^\perp = \mathbb{1} - \sum_i \phi_i \phi_i^* \quad (5.4)$$

- This defines the subtracted Green's function G^\perp
- Only using the subtracted Green's function we can make sure that translational modes are exact zero-modes also of the quantum theory