

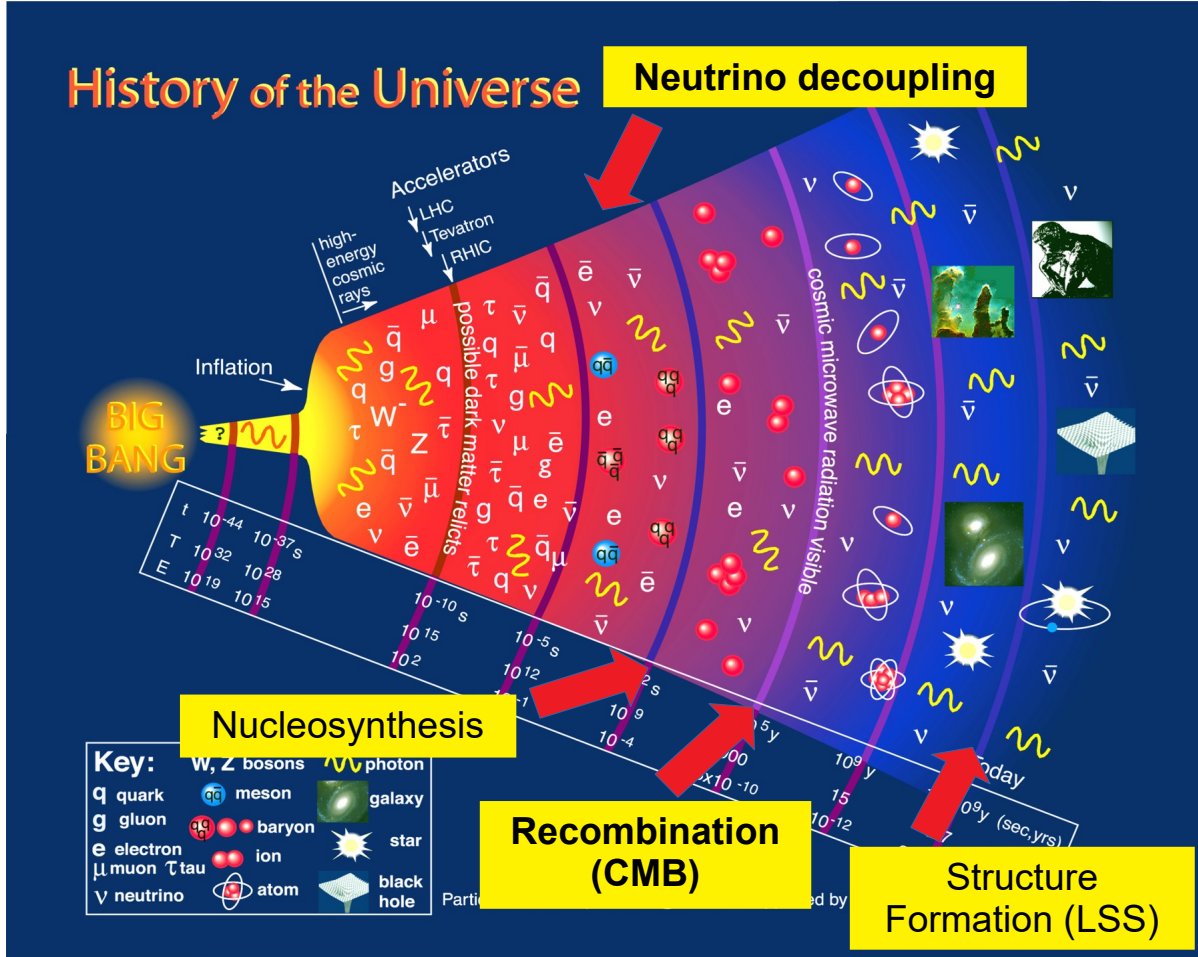
# Interacting Neutrinos in Cosmology

Isabel M. Oldengott

UCLouvain, CP3

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YOUNGST@RS - Interacting dark sectors in astrophysics, cosmology,  
and the lab



Energy density:

$$\rho^{rad} \equiv \left[ 1 + \frac{7}{8} \left( \frac{4}{11} \right)^{4/3} N_{\text{eff}} \right] \rho_{\gamma}$$

$N_{\text{eff}} = 3.040$  (Bennet et al. 2020),  $N_{\text{eff}} = 3.043$  (Cielo et al. 2023)

→  $N_{\text{eff}} = 2.92^{+0.36}_{-0.37}$  (95% CL)

(Planck 2018)

→  $\sum m_{\nu} < 0.257 \text{ eV}$  (95% CL)

(Planck 2018)

## Assumptions about neutrinos made in $\Lambda$ CDM

- Neutrinos are free-streaming after 1 MeV (i.e. they are stable and have no interactions)
- Neutrinos follow a relativistic Fermi-Dirac spectrum
- They have a temperature of  $T_\nu = \left(\frac{4}{11}\right)^{1/3} T_\gamma$
- There are as many neutrinos as anti-neutrinos (negligible lepton asymmetry)

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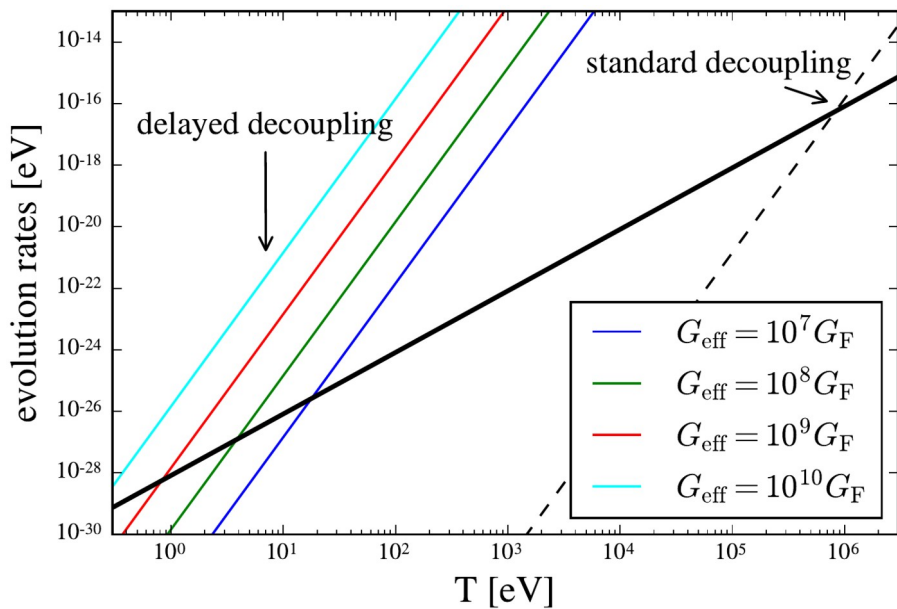
**Modified by  
non-standard  
interactions**

Neutrino sector: Clear hint for physics beyond the standard model

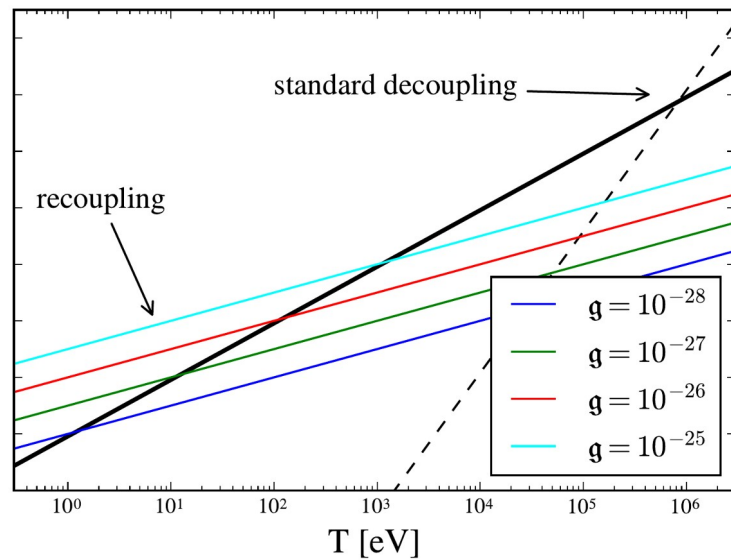
## Non-standard neutrino interactions

$$\mathcal{L}_{\text{int}} = g_{ij} \bar{\nu}_i \nu_j \phi \quad \leftarrow \text{strongly constrained}$$

massive scalar limit:  $\Gamma_{\text{new}} \sim G_{\text{eff}}^2 T^5$



massless scalar limit:  $\Gamma_{\text{new}} \sim gT$



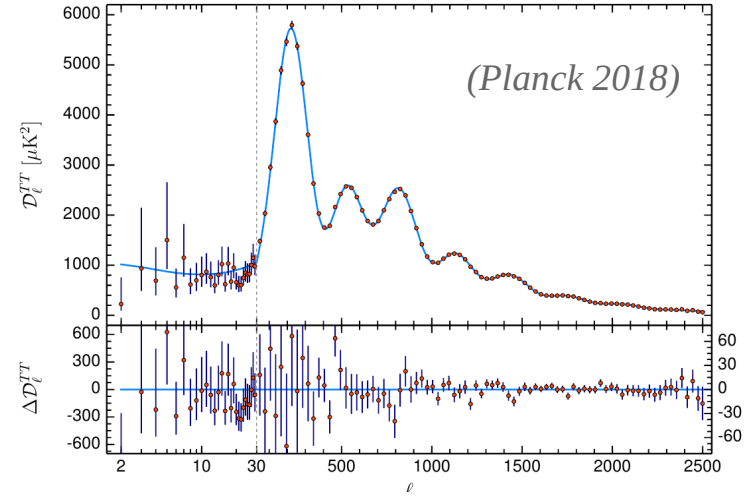
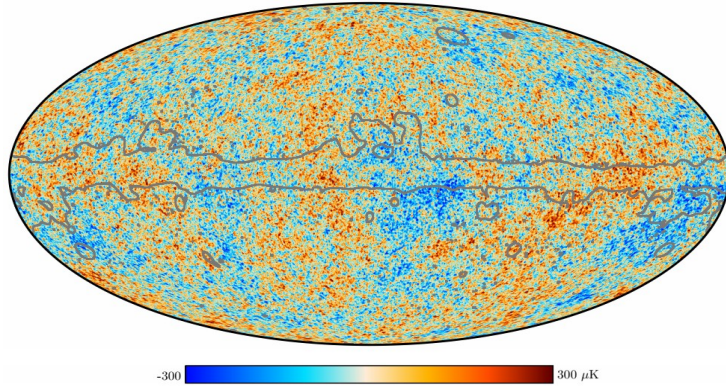
→ CMB signature?

→ massless: see e.g. *Brinckmann et al. 2023*, *Venzor et al. 2022*,  
*Forastieri et al. 2019*, *Forastieri et al. 2015*, *Archidiacono et al. 2013*  
 → 0.1 eV – 1 MeV range: see e.g. *Sandner et al. 2023*, *Venzor et al. 2023*,  
*Escudero & 2019*

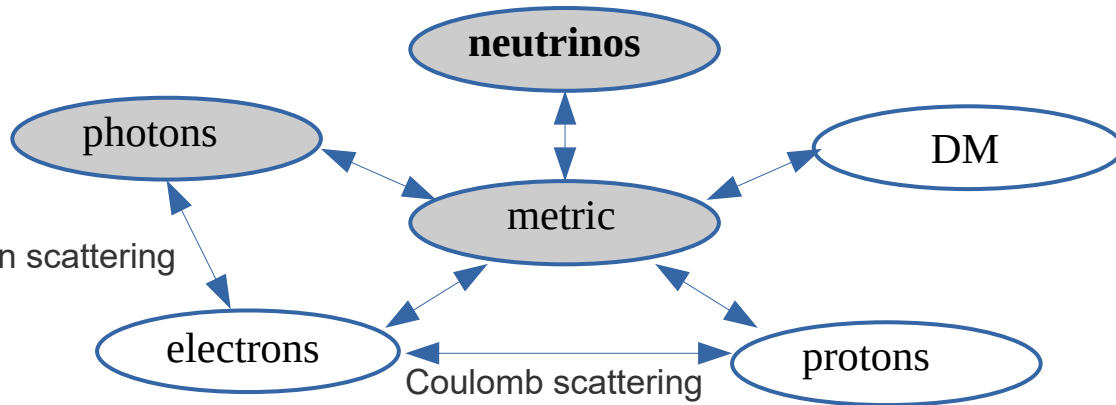
# Cosmic Microwave Background $\mathcal{O}(0.3 \text{ eV})$

**Recombination** → Universe gets transparent to photons

(Redshifted) photo of the early Universe



→ Fluctuations in the photon temperature/density:



**Cosmic (linear) perturbation theory =**

Boltzmann equations +  
Einstein equations

→ e.g. CLASS  
(Lesgourgues, Tram)  
CAMB (A. Lewis)

→ Cosmic perturbation theory:

1) Perturbed Einstein equation:  $\bar{G}_{\mu\nu} + \delta G_{\mu\nu} = 8\pi G(\bar{T}_{\mu\nu} + \delta T_{\mu\nu})$

2) Perturbed phase-space distribution  $f(\mathbf{k}, \mathbf{q}, \tau) = \bar{f}(q, \tau) (1 + \Psi(\mathbf{k}, \mathbf{q}, \tau))$

Perturbed Boltzmann equation:

standard free-streaming case

$$\dot{\Psi}(\mathbf{k}, \mathbf{q}, \tau) + i \frac{|\mathbf{q}||\mathbf{k}|}{\epsilon} (\hat{k} \cdot \hat{q}) \Psi(\mathbf{k}, \mathbf{q}, \tau) + \frac{\partial \ln \bar{f}_i(|\mathbf{q}|, \tau)}{\partial \ln |\mathbf{q}|} \left[ \dot{\eta} - (\hat{k} \cdot \hat{q})^2 \frac{\dot{h} + 6\dot{\eta}}{2} \right] = \mathcal{C}[\Psi]$$

→ Neutrino Boltzmann hierarchy:

Decompose phase-space perturbation

into Legendre polynomials:

$$\Psi(|\mathbf{k}|, |\mathbf{q}|, \hat{k} \cdot \hat{q}) = \sum_{\ell=0}^{\infty} (-i)^\ell (2\ell + 1) \Psi_\ell(|\mathbf{k}|, |\mathbf{q}|) P_\ell(\hat{k} \cdot \hat{q})$$

$$\dot{\Psi}_0 = -\frac{qk}{\epsilon} \Psi_1 + \frac{1}{6} \dot{h} \frac{d \ln f_0}{d \ln q} + \mathcal{C}[\Psi_0], \quad \text{free-streaming}$$

$$\dot{\Psi}_1 = \frac{qk}{3\epsilon} (\Psi_0 - 2\Psi_2) + \mathcal{C}[\Psi_1],$$

$$\dot{\Psi}_2 = \frac{qk}{5\epsilon} (2\Psi_1 - 3\Psi_3) - \left( \frac{1}{15} \dot{h} + \frac{2}{5} \dot{\eta} \right) \frac{d \ln f_0}{d \ln q} + \mathcal{C}[\Psi_2],$$

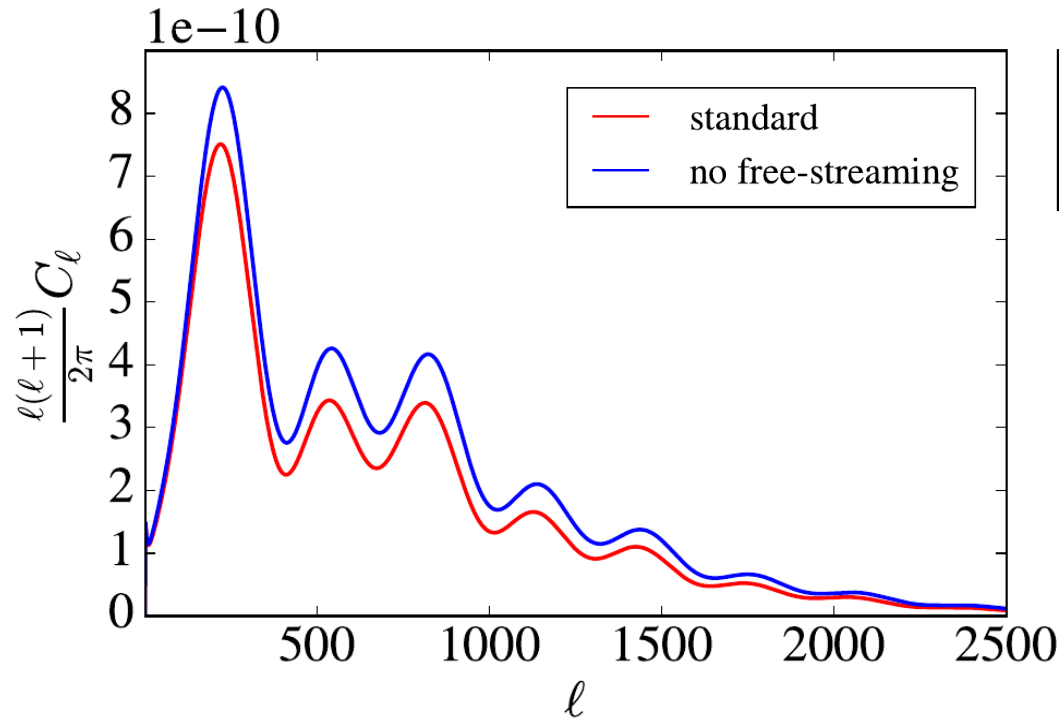
$$\dot{\Psi}_{\ell \geq 3} = \frac{qk}{(2\ell + 1)\epsilon} [\ell \Psi_{\ell-1} - (\ell + 1) \Psi_{\ell+1}] + \mathcal{C}[\Psi_\ell]$$

**General expected signal from interactions:**

suppression of free-streaming

→ enhancement of neutrino monopole/perturbed energy density

→ enhancement of temperature anisotropies





## Neutrino Boltzmann hierarchy

*(IMO, C. Rampf, Y. Y. Y. Wong 2014)*

$$\begin{aligned} \dot{\Psi}_0(q) = & -k\Psi_1(q) + \frac{1}{6} \frac{\partial \ln \bar{f}}{\partial \ln q} \dot{h} - \frac{40}{3} G^m q T_{\nu,0}^4 \Psi_0(q) \\ & + G^m \int dq' \frac{q'}{q\bar{f}(q)} \left[ 2K_0^m(q, q') - \frac{20}{9} q^2 q'^2 e^{-q/T_{\nu,0}} \right] \bar{f}_\nu(q') \Psi_0(q'), \end{aligned}$$

$$\begin{aligned} \dot{\Psi}_1(q) = & -\frac{2}{3} k\Psi_2(q) + \frac{1}{3} k\Psi_0(q) - \frac{40}{3} G^m q T_{\nu,0}^4 \Psi_1(q) \\ & + G^m \int dq' \frac{q'}{q\bar{f}(q)} \left[ 2K_1^m(q, q') + \frac{10}{9} q^2 q'^2 e^{-q/T_{\nu,0}} \right] \bar{f}(q') \Psi_1(q'), \end{aligned}$$

$$\begin{aligned} \dot{\Psi}_2(q) = & -\frac{3}{5} k\Psi_3(q) + \frac{2}{5} k\Psi_1(q) - \frac{\partial \ln \bar{f}}{\partial \ln q} \left( \frac{2}{5} \dot{\eta} + \frac{1}{15} \dot{h} \right) - \frac{40}{3} G^m q T_{\nu,0}^4 \Psi_2(q) \\ & + G^m \int dq' \frac{q'}{q\bar{f}(q)} \left[ 2K_2^m(q, q') - \frac{2}{9} q^2 q'^2 e^{-q/T_{\nu,0}} \right] \bar{f}(q') \Psi_2(q'), \end{aligned}$$

$$\begin{aligned} \dot{\Psi}_{\ell>2}(q) = & \frac{k}{2\ell+1} [\ell\Psi_{\ell-1}(q) - (\ell+1)\Psi_{\ell+1}(q)] - \frac{40}{3} G^m q T_{\nu,0}^4 \Psi_\ell(q) \\ & + G^m \int dq' 2 \frac{q'}{q\bar{f}(q)} K_\ell^m(q, q') \bar{f}(q') \Psi_\ell(q') \end{aligned}$$

Complicated neutrino  
Boltzmann hierarchy

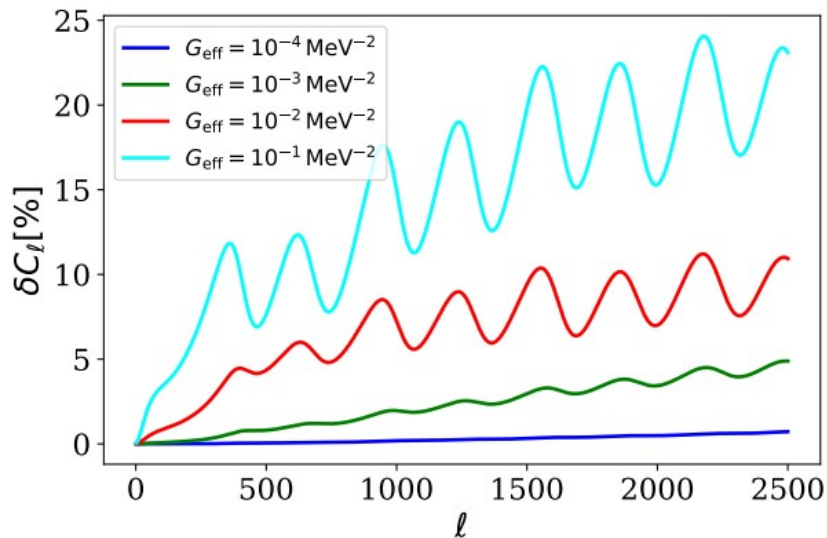
IMO, C. Rampf, T. Tram,  
Y. Y. Y. Wong, 2017



Well approximated by  
relaxation time approach  
(Cyr-Racine, K. Sigurdson 2013)

$$\dot{\mathcal{F}}_{\nu 2} = \frac{8}{15}\theta_\nu - \frac{3}{5}k\mathcal{F}_{\nu 3} + \frac{4}{15}\dot{h} + \frac{8}{5}\dot{\eta} + \frac{9}{10}\alpha_2\dot{\tau}_\nu\mathcal{F}_{\nu 2} ,$$

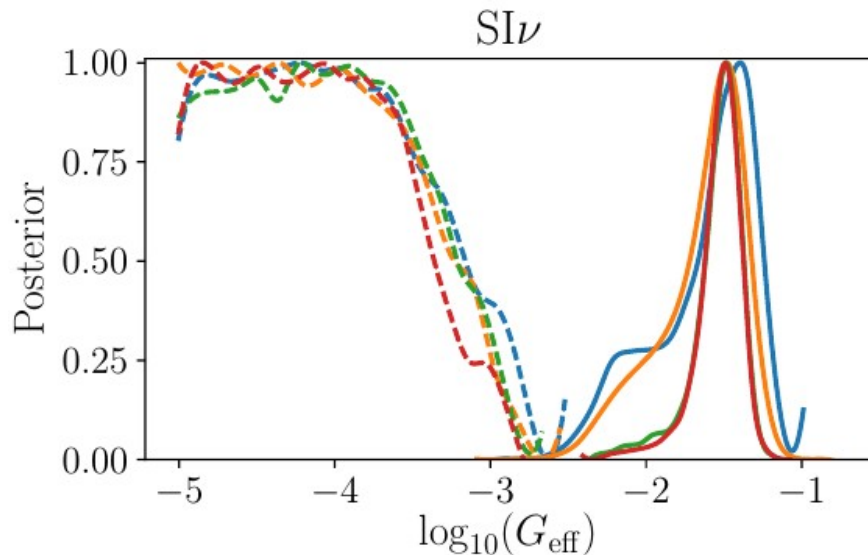
$$\dot{\mathcal{F}}_{\nu \ell} = \frac{k}{2\ell + 1} [\ell\mathcal{F}_{\nu(\ell-1)} - (\ell + 1)\mathcal{F}_{\nu(\ell+1)}] + \alpha_\ell\dot{\tau}_\nu\mathcal{F}_{\nu \ell} , \quad \ell \geq 3$$



MCMC



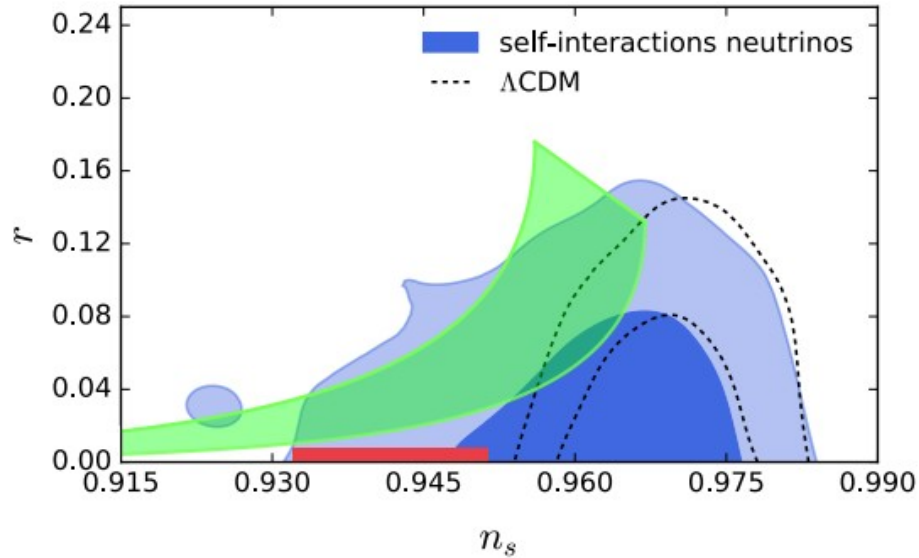
Planck  
2015



→ bimodal distribution: **strongly interacting neutrino mode**

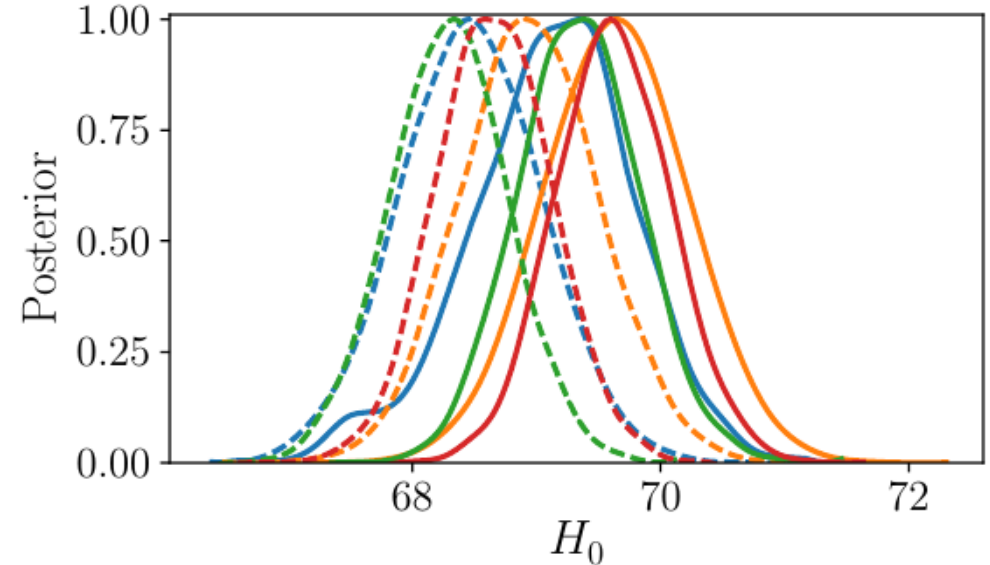
(compare e.g. with Cyr-Racine et. al. 2013, Lancaster 2017, Kreisch et al. 2019)

G. Barenboim, P. Denton, *IMO*, 2019



→ Interesting for inflationary model selection

*IMO*, C. Rampf, T. Tram, Y. Y. Y. Wong, 2017



→ **Helps to weaken the Hubble tension**

“solution of the Hubble tension”

(C. Kreisch, F.-Y. Cyr-Racine, O. Doré 2019)

## Final remarks:

- **Strongly interacting mode in cosmological data is persistent.**

*(e.g. Kreisch et al. 2022, Camarena 2023)*

- **CMB analysis with Planck-2018 data & different data combinations:**

**Does not solve the Hubble tension (alleviates it at most).**

*(S. R. Choudhury et al. 2021 & 2022, A. Mazumdar et al. 2021, A. Das et al. 2021, T. Brinckmann et al. 2020 & 2021)*

- **Strong constraints from BBN and laboratory experiments.** *(Blinov et al. 2019, K-F Lyu et al. 2020, Brdar et al. 2020)*