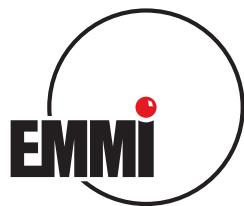




# Effective Field Theories

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für Bildung  
und Forschung

Deutsche  
Forschungsgemeinschaft

**DFG**



TALENT School “Effective Field Theories in Light Nuclei: From Structure to Reactions”, MITP

Mainz, 07/25-08/12/22



## Literature

G.P. Lepage, “How to renormalize the Schrödinger equation”, arXiv:nucl-th/9706029

D.B. Kaplan, “Effective Field Theories”, arXiv:nucl-th/9506035

E. Braaten, HWH, Phys. Rep. **428** (2006) 259 [arXiv:cond-mat/0410417]

E. Braaten, HWH, G.P. Lepage, Phys. Rev. A **95** (2017) 012708 [arXiv:1607.08084]



# Physics Near the Unitary Limit

- Unitary limit:  $a \rightarrow \infty, \ell \rightarrow 0 \implies \mathcal{T}_2(k) \propto i/k$
- Use as starting point for effective field theory description
  - Large scattering length:  $|a| \gg \ell \sim r_e, \ell_{vdW}, \dots$
  - Natural expansion parameter:  $\ell/|a|, k\ell, \dots$
  - Universal dimer with energy  $B_2 = 1/(ma^2)$  ( $a > 0$ )  
size  $\langle r^2 \rangle^{1/2} \sim a \Rightarrow$  halo state
- Reproduce tail of the wave function:  $\psi(r) = \frac{e^{-r/a}}{r}$  
- Nonperturb. resummation in EFT (van Kolck, Kaplan, Savage, Wise, 1998)  
$$\mathcal{T}_2(k) \propto \frac{-a}{1 + ika} \left[ 1 + \frac{r_e a k^2 / 2}{1 + ika} + \dots \right], \quad Q \sim 1/a \sim k \ll 1/\ell$$
  
 $\implies$  universal properties (and perturbative corrections)



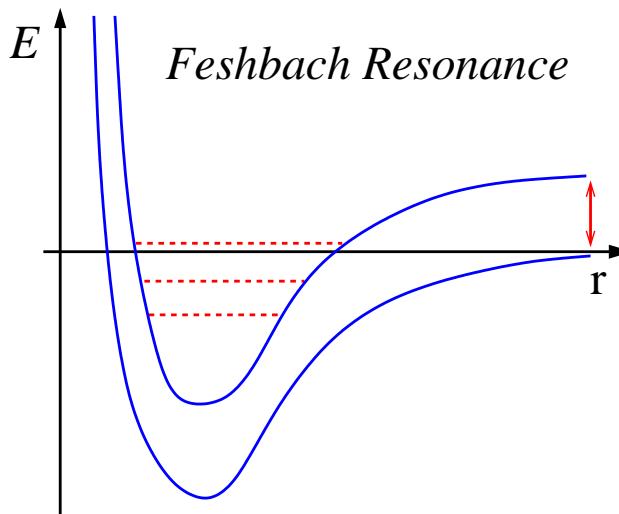
# Physical Systems with Large $a$

- Natural expansion parameter:  $\ell/|a|, k\ell, \dots$  ( $\ell \sim r_e, \ell_{vdW}, \dots$ )
- Nuclear Physics:  $S$ -wave  $NN$  scattering, halo nuclei,...
  - $^1S_0, ^3S_1$ :  $|a| \gg r_e \sim 1/m_\pi \rightarrow B_d \approx 2.2 \text{ MeV}$
  - neutron matter
  - halo nuclei (e.g.  $^{11}\text{Be} = ^{11}\text{Be} + n$ ,  $^{11}\text{Li} = ^9\text{Li} + n + n$ , ...)  
 $\implies$  lecture by Daniel Phillips (week 3)
- Atomic Physics:
  - $^4\text{He}$  atoms:  $a \approx 104 \text{ \AA} \gg r_e \approx 7 \text{ \AA} \sim \ell_{vdW}, \rightarrow B_d \approx 100 \text{ neV}$
  - ultracold atoms near Feshbach resonance  $\Rightarrow$  variable  $a$
- Particle Physics
  - Is the  $X(3872)$  a  $|D^0\bar{D}^{0*} + \bar{D}^0D^{0*}\rangle$  molecule? ( $J^{PC} = 1^{++}$ )  
$$E_X = m_D + m_{D^*} - m_X = (0.07 \pm 0.12) \text{ MeV}$$



# Variable Scattering Length

- Feshbach Resonance:  
energy of molecular state in closed channel close to energy of scattering state

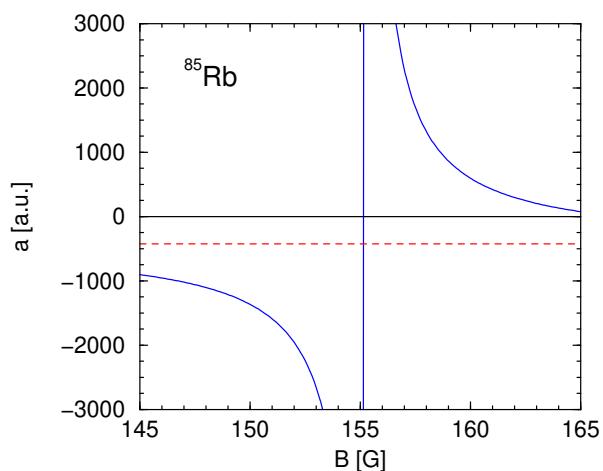


- Tune scattering length via external magnetic field  
(Tiesinga, Verhaar, Stoof, 1993)
- Example:

$^{85}\text{Rb}$  atoms

$$\frac{a(B)}{a_0} = 1 + \frac{\Delta}{B_0 - B}$$

$a_0 = -422$  a.u.,  $B_0 = 155.2$  G,  $\Delta = 11.6$  G





# Two-Body System

- Large scattering length:  $Q \sim k \sim 1/a \ll 1/\ell$
- Effective Lagrangian

$$\mathcal{L} = \psi^\dagger \left( i\partial_t + \frac{1}{2m} \vec{\nabla}^2 \right) \psi - \frac{g_2}{4} (\psi^\dagger \psi)^2 - \frac{g_{2,2}}{4} \left[ \vec{\nabla} (\psi^\dagger \psi) \right]^2 + \dots$$

• Vertices:

$$\begin{array}{c} \text{P/2 + k} & & \text{P/2 + k'} \\ \diagdown \quad \diagup & & \\ \text{P/2 - k} & -i\langle \mathbf{k}' | V_{\text{EFT}} | \mathbf{k} \rangle & \text{P/2 - k'} \\ \end{array} = \begin{array}{c} \text{P/2 + k} & & \text{P/2 + k'} \\ \diagdown \quad \diagup & & \\ \text{P/2 - k} & -ig_2 & \text{P/2 - k'} \\ \end{array} + \begin{array}{c} \text{P/2 + k} & & \text{P/2 + k'} \\ \diagdown \quad \diagup & & \\ \text{P/2 - k} & -ig_{2,2}(\mathbf{k}^2 + \mathbf{k}'^2) & \text{P/2 - k'} \\ \end{array} + \dots$$

- Scaling:  $g_2 \sim 1/(mQ)$ ,  $g_{2,2} \sim \ell/(mQ^2)$ ,  $g_{2,2j} \sim \ell^j/(mQ^{j+1})$
- Scaling of diagrams with  $Q$ :  $Q^\nu$

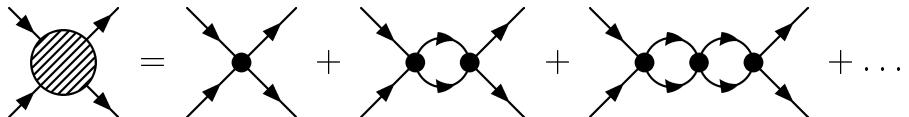
$$\nu = 5L - \underbrace{2L}_{2(L+V-1)} + \sum_j (2j - (j+1))V_{2j} = 3L + 2 + \sum_j (j-3)V_{2j} \geq -1$$



# Two-Body System

- All diagrams with only  $g_2$  vertices scale as  $1/Q$

- Scattering Amplitude:



$$\mathcal{T}_2(E) = -ig_2 - \frac{ig_2^2}{2} \int_0^\Lambda \frac{d^3 q}{(2\pi)^3} \frac{1}{m\tilde{E} - q^2} + \dots = -ig_2 + \frac{ig_2^2}{4\pi^2} \left( \Lambda - \frac{\pi}{2} \sqrt{-m\tilde{E}} \right) + \dots$$

$$\equiv \frac{8\pi}{m} \frac{1}{-1/a + \sqrt{-m\tilde{E}}} \quad \text{matching!}$$

- Definitions:  $m\tilde{E} \equiv mE + i\epsilon = k^2 + i\epsilon$
- Geometric series  $\Rightarrow$  can be summed
- Loop divergent  $\Rightarrow$  regulate with momentum cutoff  $\Lambda$

- Running coupling constant:  $g_2(\Lambda) = \frac{8\pi}{m} \left( \frac{1}{a} - \frac{2}{\pi} \Lambda \right)^{-1}$

# Two-Body System

- How does  $g_2$  change with  $\Lambda$  (resolution scale)
- Renormalization group equation

$$\tilde{g}_2 \equiv \frac{m\Lambda}{4\pi^2} g_2 \implies \Lambda \frac{d}{d\Lambda} \tilde{g}_2 = \tilde{g}_2(1 + \tilde{g}_2)$$

- Two fixed points:
  - $\tilde{g}_2 = 0 \leftrightarrow a = 0 \implies$  no interaction
  - $\tilde{g}_2 = -1 \leftrightarrow 1/a = 0 \implies$  unitary limit

scale and conformal invariance

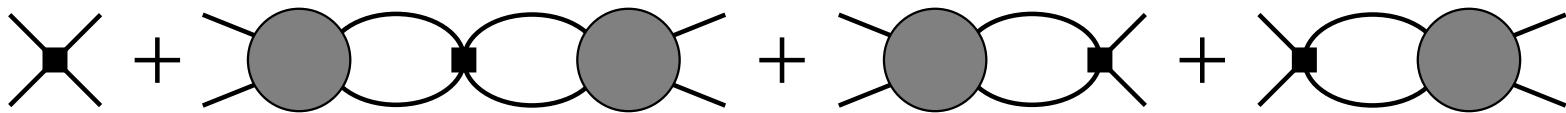
(Mehen, Stewart, Wise, 2000; Nishida, Son, 2007; ...)

- Interesting many-body physics: BEC/BCS crossover, universal viscosity bound  $\Rightarrow$  perfect liquid, ...  
(Kovtun, Son, Starinets, 2005; ...)



# Two-Body System: Corrections

- Higher-order derivative terms are perturbative
- Diagrams with  $g_{2,2}$  scale like  $Q^0$ : first correction



$$\mathcal{T}_2^0(E) = \frac{1}{\left(-1/a + \sqrt{-m\tilde{E}}\right)^2} \left( -2g_{2,2}mE \left(\frac{8\pi}{mg_2}\right)^2 + \text{const.} \right)$$

$$\equiv -\frac{8\pi}{m} \frac{mEr_e/2}{\left(-1/a + \sqrt{-m\tilde{E}}\right)^2} \quad \text{matching!}$$

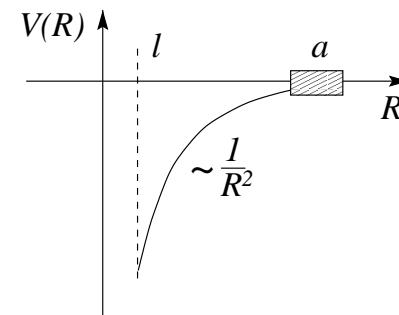
- Constant subtracted by counterterm  $g_2^{(2)}$

# Broken Scale Invariance



- Three-boson system near the unitary limit (Efimov, 1970)
- Hyperspherical coordinates:  $R^2 = (r_{12}^2 + r_{13}^2 + r_{23}^2)/3$
- Schrödinger equation simplifies for  $|a| \gg \ell \gg l$ :

$$-\frac{\hbar^2}{2m} \left[ \frac{\partial^2}{\partial R^2} + \frac{s_0^2 + 1/4}{R^2} \right] f(R) = -\underbrace{\frac{\hbar^2 \kappa^2}{m}}_E f(R)$$



- Singular Potential: renormalization required
- Boundary condition at small  $R$ : breaks scale invariance
  - ⇒ scale invariance is anomalous
  - ⇒ observables depend on boundary condition and  $a$
- Universality concept must be extended ⇒ 3-body parameter
- Spin-1/2 fermions: Pauli repulsion ⇒ higher order

# Three-Body System

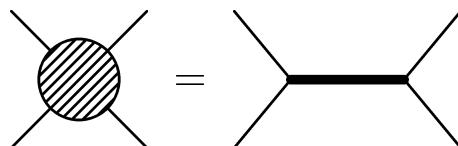
- Use auxilliary field  $d = \psi^2 + \dots$  (cf. Hubbard-Stratonovich, Kaplan, ...)
- Effective Lagrangian

$$\mathcal{L}_d = \psi^\dagger \left( i\partial_t + \frac{1}{2m} \vec{\nabla}^2 \right) \psi + \frac{g_2}{4} d^\dagger d - \frac{g_2}{4} (d^\dagger \psi^2 + (\psi^\dagger)^2 d) - \frac{g_3}{36} d^\dagger d \psi^\dagger \psi + \dots$$

- Equation of motion  $\implies$  eliminate  $d \rightarrow \mathcal{L}$
- Full dimeron propagator:  =  +  +  + ...

$$iD_d(P_0, P) = \frac{32\pi i}{g_2^2} \left[ 1/a - \sqrt{-mP_0 + P^2/4 - i\epsilon} \right]^{-1}$$

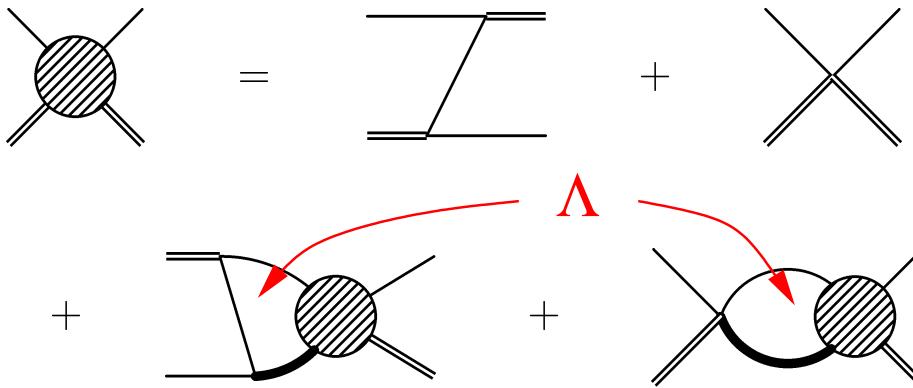
- Two-body amplitude:



# Three-Body System in EFT



- Three-body equation:  
(*S*-waves)



$$\mathcal{T}_3(k, p) = M(k, p) + \frac{4}{\pi} \int_0^\Lambda dq \frac{q^2 M(q, p)}{-\frac{1}{a} + \sqrt{\frac{3}{4}q^2 - mE - i\epsilon}} \mathcal{T}_3(k, q)$$

with  $M(k, p) = \underbrace{F(k, p)}_{\text{1-atom exchange}} - \underbrace{\frac{g_3}{9g_2^2}}_{H(\Lambda)/\Lambda^2}$

$(g_3 = 0, \Lambda \rightarrow \infty \longrightarrow \text{Skorniakov, Ter-Martirosian '57})$

# Renormalization



- Require invariance under  $\Lambda \rightarrow \Lambda' = \Lambda + \delta\Lambda$

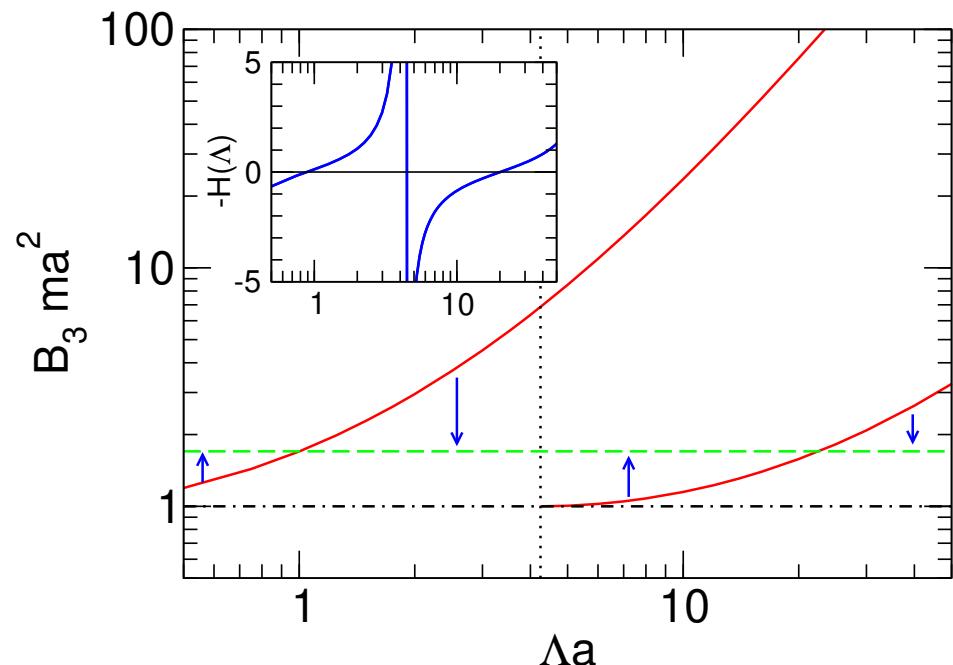
- $H(\Lambda)$  periodic: **limit cycle**

$$\Lambda \rightarrow \Lambda e^{n\pi/s_0} \approx \Lambda (22.7)^n$$

(Bedaque, HWH, van Kolck, 1999)

(Wilson, 1971)

- **Anomaly:** scale invariance broken to discrete subgroup



$$H(\Lambda) \approx \frac{\cos(s_0 \ln(\Lambda/\Lambda_*) + \arctan(s_0))}{\cos(s_0 \ln(\Lambda/\Lambda_*) - \arctan(s_0))}, \quad s_0 \approx 1.00624$$

- Matching:  $\Lambda_* \leftarrow$  three-body observable
- Limit cycle  $\iff$  Discrete scale invariance  $\iff$  Efimov physics

- Similarity to Matrjoschka doll
  - “Russian Doll Renormalization”

- Other examples

- $1/r^2$  potential in QM  
(Beane et al., ...)
- Field theory models  
(Wilson, Glazek, LeClair et al.,...)
- Turbulence, earthquakes, finance,...  
(cf. Sornette, Phys. Rep. **297** (1998) 239)

- Observable consequences?

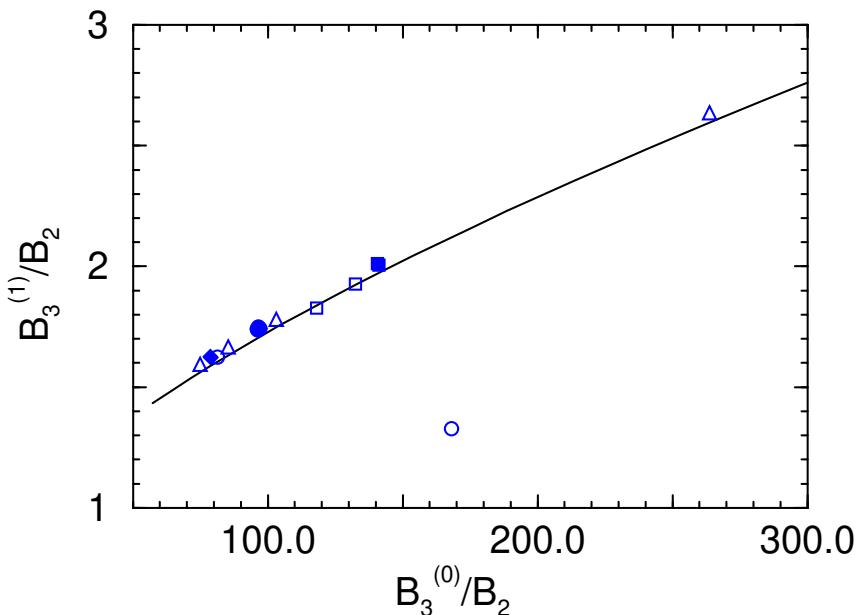
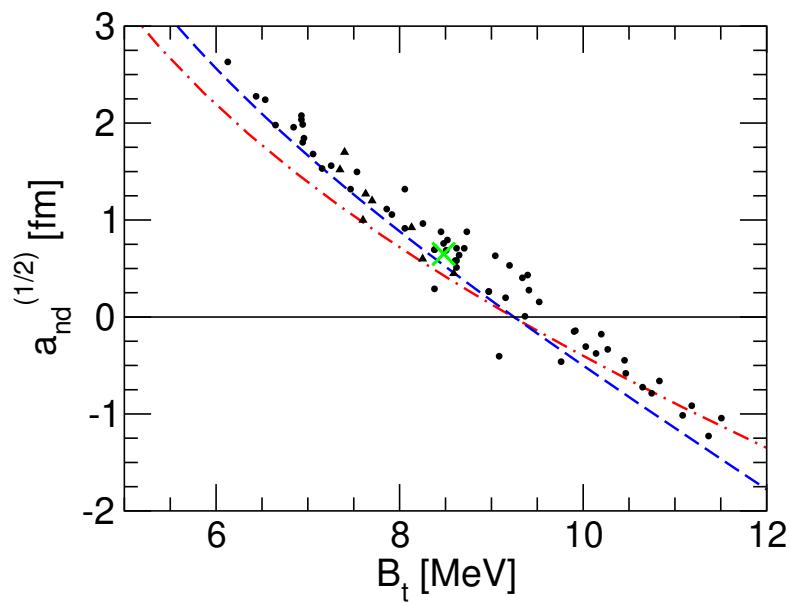
- Universal correlations (2 parameters at LO), Efimov effect, log-periodic dependence on scattering length,...



# Universality in the 3-Body System



- Three-body observables for different potentials are correlated  
 $\implies$  Phillips line (Phillips, 1968)

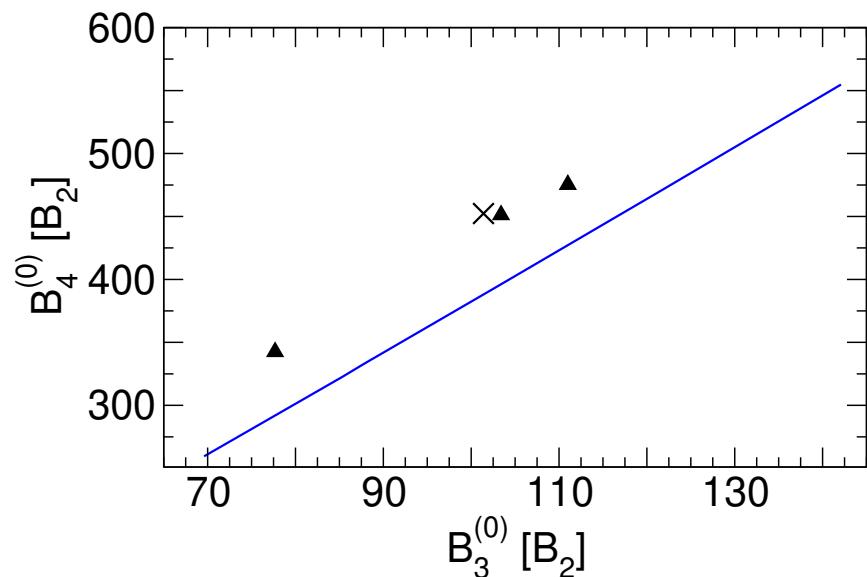
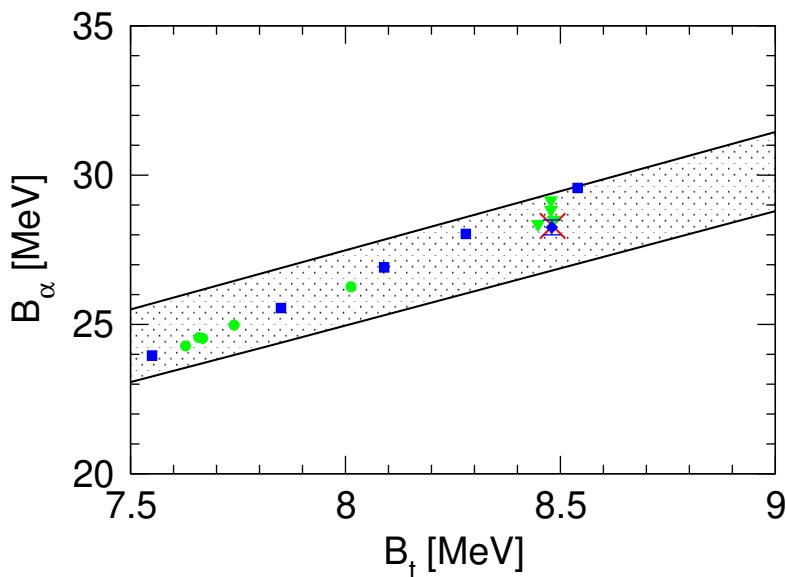


- Different values for  $\Lambda_*$   $\rightarrow$  physics at small distances
- Correlation universal: Nucleons,  $^4\text{He}$  atoms, ...



# Universality in the 4-Body System

- No Four-body force required in LO (Platter, HWH, Meißner, 2004)
- Universal correlations persist in 4-body system  
 $\implies$  Tjon line (Tjon, 1975)

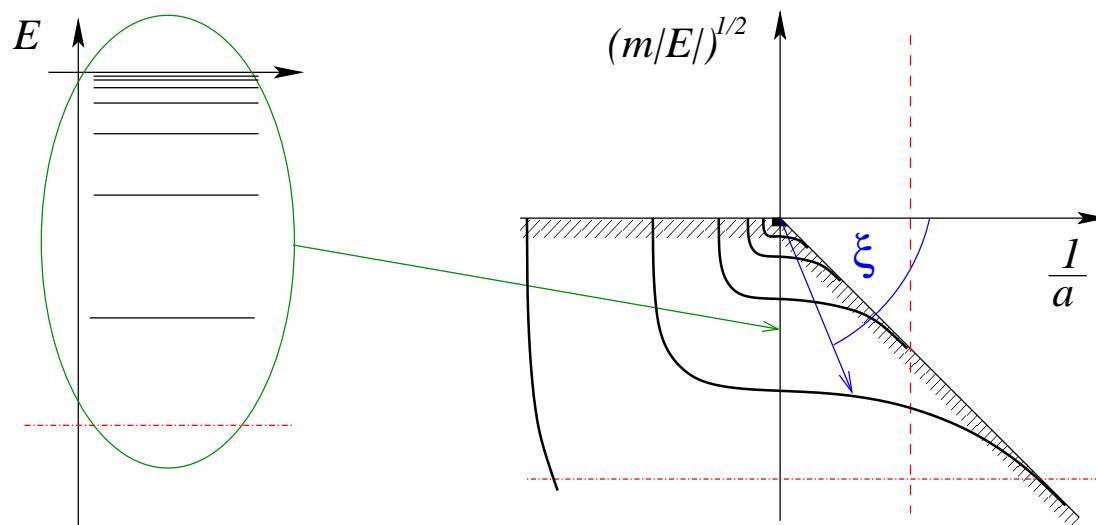


- Variation of  $\Lambda_*$  parametrizes Tjon line
- Correlation universal: Nucleons,  $^4\text{He}$  atoms,...

# Limit Cycle: Efimov Effect



- Universal spectrum of three-body states  
(Efimov, 1970)



- Discrete scale invariance for fixed angle  $\xi$
- Geometrical spectrum for  $1/a \rightarrow 0$

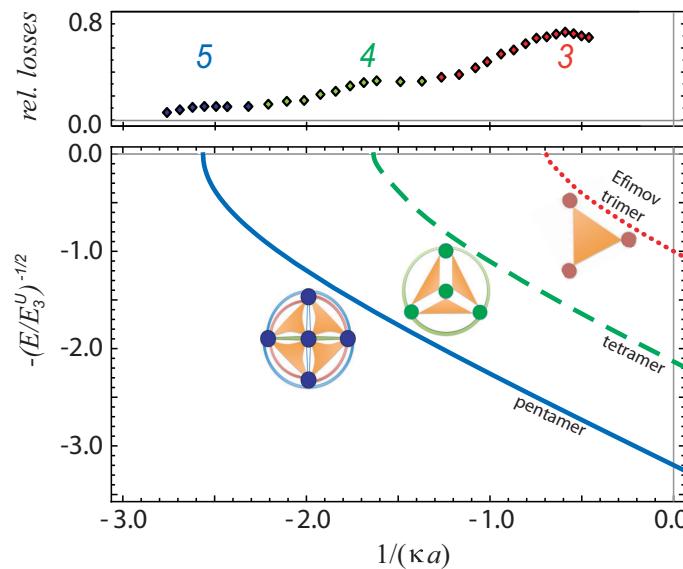
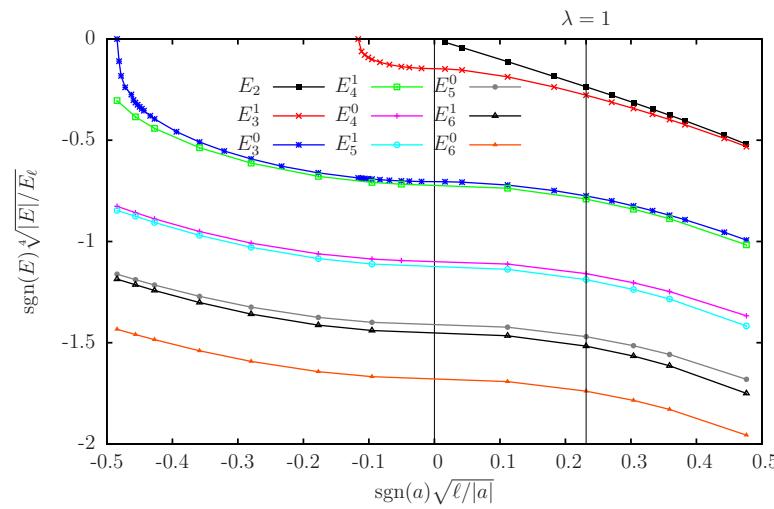
$$B_3^{(n)} / B_3^{(n+1)} \xrightarrow{1/a \rightarrow 0} \left( e^{\pi/s_0} \right)^2 = 515.035\dots$$

- Ultracold atoms  $\Rightarrow$  variable scattering length



# Universal Tetramers and Beyond

- No four-body force required at LO (Platter, HWH, Mei  ner, 2004)
- Universal tetramers:  $B_4^{(0)} = 4.610(1) B_3$ ,  $B_4^{(1)} = 1.00227(1) B_3$   
(Platter, HWH, 2004, 2007; von Stecher et al., 2009; Deltuva 2010-2013)
- Two tetramers attached to each trimer
- Universal states up to  $N = 16$  calculated  
(von Stecher, 2010, 2011; Gattobigio, Kievsky, Viviani, 2011-2014)
- Observation up to  $N = 5$  in Cs losses (Grimm et al. (Innsbruck), 2009, 2013)

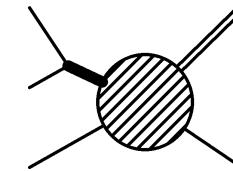


# Three-Body Recombination



- Three-body recombination:

3 atoms  $\rightarrow$  dimer + atom  $\Rightarrow$  **loss of atoms**



- Recombination constant:  $\dot{n}_A = -K_3 n_A^3$

- $K_3$  has log-periodic dependence on scattering length

(Nielsen, Macek, 1999; Esry, Greene, Burke, 1999; Bedaque, Braaten, HWH, 2000)

- Deep dimers: Efimov trimers acquire width  $\Rightarrow$  **resonances**

- Loss term in short distance b.c.:  $\Lambda_* \longrightarrow \Lambda_* \exp^{i\eta_*/s_0}$

$\Longrightarrow$  **non-hermitian Hamiltonian** (“optical potential”)

- Universal line shape of recombination resonance ( $a < 0$ )

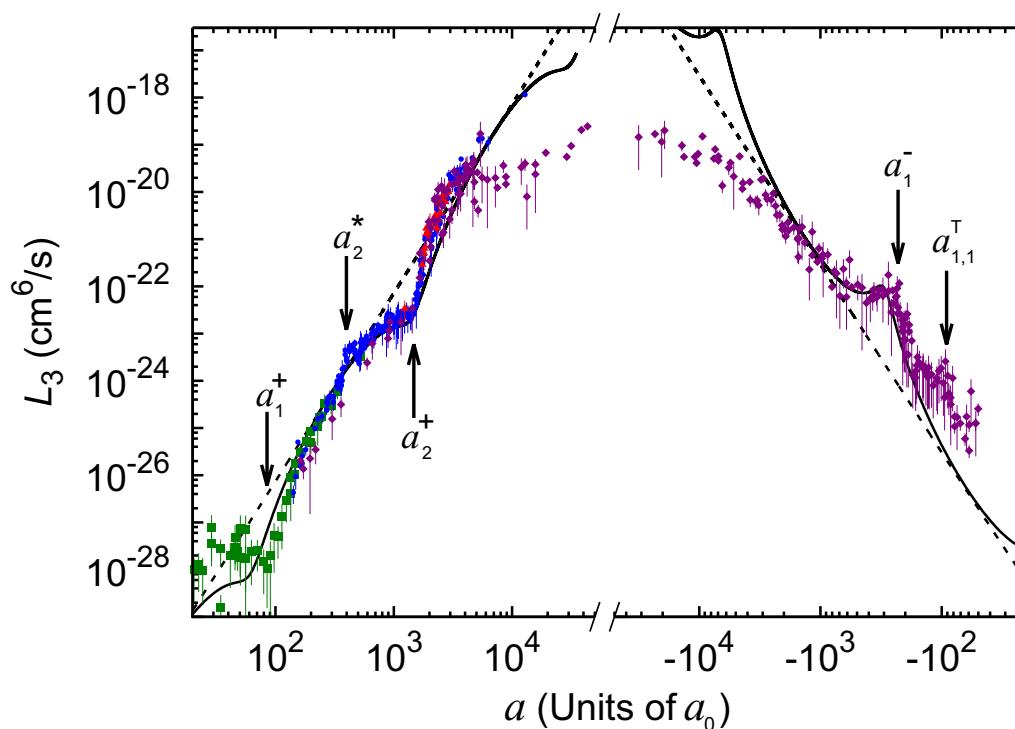
$$K_3^{deep} = \frac{64\pi^2(4\pi - 3\sqrt{3}) \coth(\pi s_0) \sinh(2\eta_*) \hbar a^4}{\sin^2 [s_0 \ln(\textcolor{red}{a}/\textcolor{blue}{a_-})] + \sinh^2 \eta_*} \frac{m}{m}, \quad s_0 \approx 1.00624..$$

and other observables ...

# Efimov Physics in Ultracold Atoms



- First experimental evidence in  $^{133}\text{Cs}$  (Kraemer et al. (Innsbruck), 2006)  
now also  $^6\text{Li}$ ,  $^7\text{Li}$ ,  $^{39}\text{K}$ ,  $^{41}\text{K}/^{87}\text{Rb}$ ,  $^6\text{Li}/^{133}\text{Cs}$
- Example: Efimov spectrum in  $^7\text{Li}$



Pollack et al. (Rice), Science **326** (2009) 1683; Phys. Rev. A **88** (2013) 023625

- vdW tail determines resonance position:  $a_-/l_{vdW} \approx -10 (\pm 15\%)$   
but not width (Wang et al., 2012; Naidon et al. 2012, 2014; ...)

- Loss coefficients used in few-body rate equations
- Complete many-body description requires density matrix
- Effective density matrix from tracing over high-energy states?
- Naive evolution equation for  $H_{eff} = H - iK$

$$i\hbar \partial_t \rho = H_{\text{eff}} \rho - \rho H_{\text{eff}}^\dagger = [H, \rho] - i\{K, \rho\}$$

- Implies  $\partial_t \text{Tr}(\rho) = -\text{Tr}(2K\rho)/\hbar$   
 $\implies$  probability not conserved
- Need evolution equation for open system coupled to particle reservoir  
 $\implies$  Lindblad equation (Lindblad; Gorini, Kossakowski, Sudarshan, 1976)

# Inelastic Processes: Open EFT



- Consider general Hamiltonian with a loss term (“optical potential”)

$$H_{\text{eff}} = H - iK, \quad K = \sum_i \gamma_i \int d^3r \Phi_i^\dagger \Phi_i$$

- Derive effective density matrix for low-energy particles by tracing over high-energy particles
- Evolution equation for effective density matrix  $\Rightarrow$  Lindblad equation

$$i\hbar \partial_t \rho = [H, \rho] - i \sum_i \gamma_i \int d^3r \left( \Phi_i^\dagger \Phi_i \rho + \rho \Phi_i^\dagger \Phi_i - 2 \Phi_i \rho \Phi_i^\dagger \right)$$

(Braaten, HWH, Lepage, 2017)

$\Rightarrow$  Concept of Open EFT (Burgess et al., 2015)

# Inelastic 2-Body Losses



- Application to inelastic 2-body losses
- Fermionic atoms with a loss channel       $\Rightarrow$     *a complex*

$$K = (4\pi\hbar^2/m) \operatorname{Im}(1/a) \int d^3r \Phi^\dagger \Phi, \quad \Phi = 4\pi a \psi_2 \psi_1$$

- Particle losses:       $\langle N \rangle = \operatorname{Tr}(\rho N)$

$$\frac{d}{dt} \langle N_1 \rangle = \frac{d}{dt} \langle N_2 \rangle = -\frac{\hbar}{2\pi m} \operatorname{Im}(1/a) \int d^3r \langle \Phi^\dagger \Phi \rangle$$

where       $\mathcal{C} = \langle \Phi^\dagger \Phi \rangle$       contact operator evaluated in state  $\langle \dots \rangle$   
 $\Rightarrow$  “contact density”

$$C = \int d^3r \mathcal{C} \quad \Rightarrow \quad \text{“contact”}$$

# 2-Atom Losses and the Contact



- Universal relations involving the contact:  $C = \int d^3r \mathcal{C}(\mathbf{r})$

measures number of pairs at short distances (Tan, 2005-2008)

e.g. adiabatic relation

$$\frac{d}{da^{-1}} E = -\frac{\hbar^2}{4\pi m} C$$

also RF spectroscopy, photoassociation, ...

- Here: **inelastic loss rate** for mixture of atom species  $\sigma = 1, 2$
- Inelastic short-distance processes parameterized by complex scattering length (Tan, 2008; Braaten, Platter, 2008)

$$\frac{d}{dt} N_\sigma = -\frac{\hbar}{2\pi m} \operatorname{Im}(1/a) C, \quad \sigma = 1, 2$$

- Short-range correlations in nuclear physics  
⇒ lecture by Nir Barnea (week 2)

# Inelastic 3-Atom Losses



- Inelastic three-atom loss rate

$$\frac{d}{dt} \langle N \rangle = -\frac{6\hbar}{ms_0} \sinh(2\eta_*) C_3$$

(linear term in  $\eta_*$ : Werner, Castin, 2012; Smith, Braaten, Kang, Platter, 2014)

- Three-body contact:  $C_3 = f(\Lambda) \int d^3r \langle (\psi^3)^\dagger \psi^3 \rangle$   
where  $f(\Lambda)$  is scheme-dependent
- Equivalent definition (Braaten, Kang, Platter, 2011)

with 
$$\Lambda_* \frac{\partial \langle H \rangle}{\partial \Lambda_*} \Big|_a = -\frac{2\hbar^2}{m} C_3$$

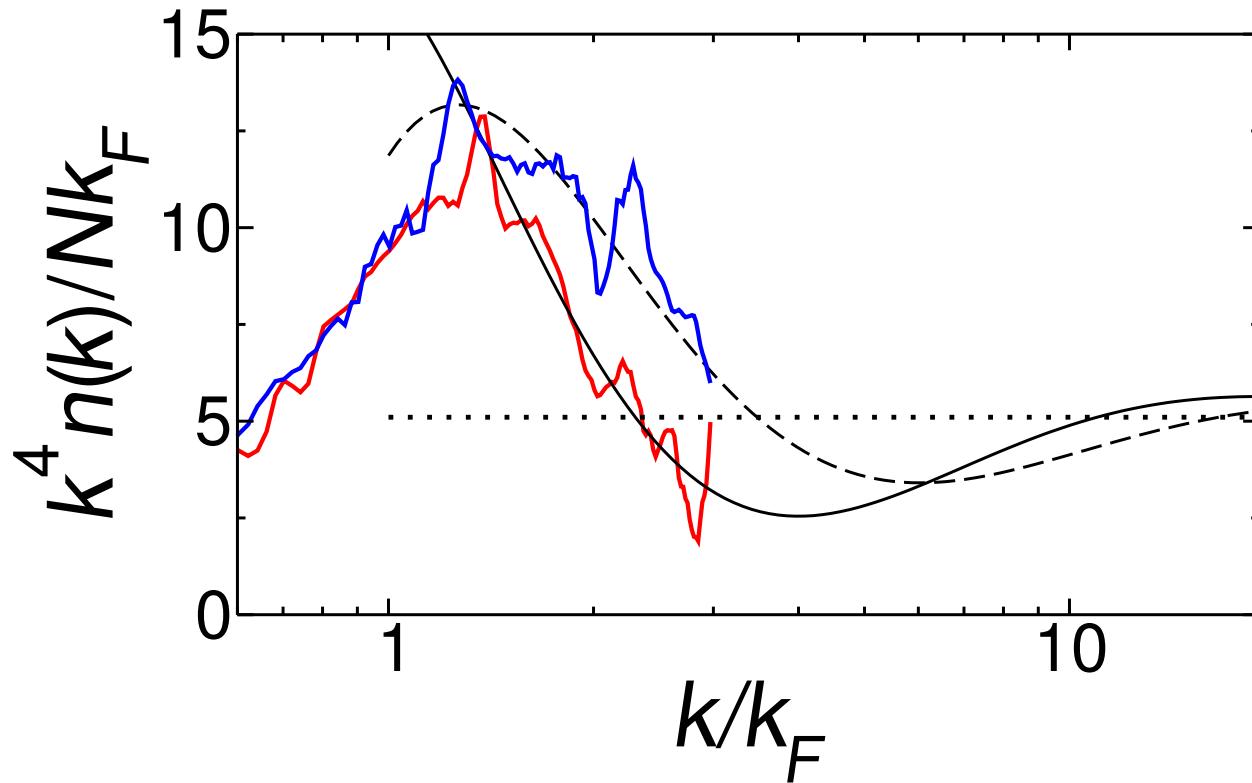
- Tail of momentum distribution (Braaten, Kang, Platter, 2011)

$$k^4 n(k) \longrightarrow C_2 + A \sin[2s_0 \ln(k/\kappa*) + \phi] C_3/k$$

# Three-body contact

- Consistent with experiment ( $\langle n_1 \rangle < \langle n_2 \rangle$ )

$$k^4 n(k) \longrightarrow C_2 + A \sin[2s_0 \ln(k/\kappa*) + \phi] C_3/k$$



Exp.: Makotyn, Klauss, Goldberger, Cornell, Jin, Nature Phys. **88**, 116 (2014)  
 Theo.: Braaten, Kang, Platter, Phys. Rev. Lett **112**, 110402 (2014)



# Summary

- Effective (field) theory
  - ⇒ systematic expansion to exploit separation of scales
- Universality
  - ⇒ long-distance observables independent of details of short-range interaction
- Physics of the unitary limit
  - scale invariance in 2-body system
    - ⇒ anomalously broken to discrete scale invariance for  $\geq 3$  particles (in certain cases)
  - universal correlations between few-body observables
  - Efimov physics    $\Leftrightarrow$    RG limit cycle
  - short-range correlations encoded in Tan contact
  - **unitary limit is universal:** particles, nuclei, cold atoms,...



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# Additional Transparencies