(Some) Non-Equilibrium phenomena in the Early Universe

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0. Context: The early Universe

1. Gravitational Waves: Probe of the early Universe

2. Parametric Excitation \Rightarrow Out-of-Eq. Dynamics \Rightarrow GWs

3. Phase Transitions \Rightarrow Cosmic Defects \Rightarrow GWs

0. Physical Context: The early Universe $(t < t_{BBN} \sim 1s)$

$\mathsf{INFLATION} \longrightarrow \mathsf{REHEATING} \longrightarrow \mathsf{THERMAL} \ \mathsf{ERA}$

(Particle Production, PhTs, Cosmic Defects, ...)



1. Gravitational Waves (GWs) [Basics]

• GW:
$$ds^2 = a^2(-d\eta^2 + (\delta_{ij} + h_{ij})dx^i dx^j),$$
 TT :

$$\begin{cases}
h_{ii} = 0 \\
h_{ij,j} = 0
\end{cases}$$
Eom: $h_{ij}'' + 2\mathcal{H}h_{ij}' - \nabla^2 h_{ij} = 16\pi G\Pi_{ij}^{\mathrm{TT}},$ $\Pi_{ij} = T_{ij} - \langle T_{ij} \rangle_{_{\mathrm{FRW}}}$
Transverse-Traceless (TT) dof carry energy out of the source!!!

• GW Source(s): (SCALARS , VECTOR , FERMIONS) $\Pi_{ij}^{TT} \propto \{\partial_i \chi^a \partial_j \chi^a\}^{TT}, \{E_i E_j + B_i B_j\}^{TT}, \{\bar{\psi} \gamma_i D_j \psi\}^{TT}$

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1. Gravitational Waves: Probe of the Early Universe

WEAKNESS of GRAVITY:

ADVANTAGE: GW DECOUPLE upon Production DISADVANTAGE: DIFFICULT DETECTION

 $\left\{ \begin{array}{c} \mathbf{Specific HEP} \Leftrightarrow \mathbf{Specific GW} \end{array} \right.$

Physical Processes:

Inflation Reheating Phase Transitions Cosmic Defects Turbulence?

(Post – Inflationary)

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Inflation
 Reheating

 Phase Transitions

 Cosmic Defects

 Turbulence?

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3. Phase Transitions \Rightarrow Cosmic Defects \Rightarrow GWs

Scalar field (condensate) after Inflation:

Coherent Oscillations: $\phi(t) \approx \Phi(t)f(t)$, f(t+T) = f(t)



$$\psi(\mathbf{x},t) = \int \frac{d\mathbf{k}}{(2\pi)^3} e^{-i\mathbf{k}\cdot\mathbf{x}} \left[\hat{a}_{\mathbf{k},r} \mathbf{u}_{\mathbf{k},r}(t) + \hat{b}_{-\mathbf{k},r}^{\dagger} \mathbf{v}_{\mathbf{k},r}(t) \right],$$



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$$\frac{d^2}{dt^2} u_{\mathbf{k},\pm} + \left(\omega_{\mathbf{k}}^2(t) \pm i \frac{d(am_{\psi})}{dt}\right) u_{\mathbf{k},\pm}(t) = 0, \quad \omega_{\mathbf{k}}^2(t) = k^2 + a^2(t) \frac{m_{\psi}^2(t)}{dt}$$



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Bosons: $g^2 \phi^2 \chi^2$: Oscillations $\rightarrow \chi$ – Particle Creation (Non-Pert., Out-of-Eq.)

 $\frac{d^2}{dt^2}\chi_{\bf k} + \omega_{\bf k}^2(t)\chi_{\bf k}(t) = 0\,, \quad \omega_{\bf k}^2(t) = k^2 + a^2(t)g^2\phi^2(t)$



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"Traditionally" $\rightarrow \phi$: Inflaton \Rightarrow (p)reheating!... but ...

.... only known scalar field $\rightarrow \phi$: SM higgs, so ...

... Option 1: SM higgs = inflaton? (\Rightarrow Higgs-Inflation), or ...

... Option 2: SM higgs decoupled from Inflation? (\Rightarrow Higgs-spectator)

—— SM HIGGS during INFLATION ———

Inflation:
$$dS(H_*)$$
, $(H_* \gg v \equiv 246 \text{ GeV})$

SM Higgs:
$$\Phi = \frac{\varphi}{\sqrt{2}} \rightarrow V(\varphi) = \frac{\lambda(\mu)}{4}\varphi^4, \ \mu = \varphi \gg v$$

 $\begin{array}{l} \textbf{Prob. Dist: } \varphi \text{ light } \left(|V''| < H_*^2 \right) \Rightarrow \left\{ \begin{array}{l} \text{Random Walk } \left(k < aH_* \right) \\ \\ P_{\text{eq}}(\varphi) \propto \text{Exp}\{-c\lambda_*(\varphi/H_*)^4\} \end{array} \right. \end{array} \right.$

End of Inflation: $\varphi_* = \alpha H_* / \lambda_*^{1/4} \quad \alpha \in [0.01, 1]$ (98 %)

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End of Inflation: $\varphi_* \neq 0$ $(V \propto \varphi^4) \Rightarrow$ Higgs Oscillations (!)

Higgs Osc. \rightarrow SM $\Psi^{(j)}, A^{(j)}_{\mu}$ Param. Exc. !

Fermions:

$$y_j \varphi \bar{\psi}_j \psi_j : \quad \frac{d^2}{d\tau^2} u_{k,\pm}^{(j)} + \left(\kappa^2 + q_j (a\varphi)^2 \pm i \sqrt{q_j} \frac{d}{d\tau} (a\varphi) \right) u_{k,\pm}^{(j)} = 0 \,, \quad q_j \equiv \frac{y_j^2}{\lambda_{\rm I}}$$

$$j = \left\{ \begin{array}{c} \{t, b, c, s, u, d\} \\ \{e, \mu, \tau\} \end{array} \right\}$$

DGF 2014

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Higgs Osc. \rightarrow SM $\Psi^{(j)}, A^{(j)}_{\mu}$ Param. Exc. !

Bosons (Vectors):

$$\frac{g_j^2 \varphi A_\mu A^\mu}{d\tau^2} : \quad \frac{d^2}{d\tau^2} u_k^{(j)} + \left(\kappa^2 + \frac{q_j}{(a\varphi)^2}\right) u_k^{(j)} = N.L.\,, \quad \frac{q_j}{d\tau} \equiv \frac{g_j^2}{\lambda_{\rm I}}$$

$$j = \left\{ \begin{array}{c} \{W^{1,2,3}_{\mu}, B_{\mu}\} \\ (\{W^{\pm}_{\mu}, Z_{\mu}\}) \end{array} \right\}$$

Enqvist et al 2013-2014, DGF et al 2014 (coming)

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SM Fermions & Gauge Bosons Out-of-Eq \rightarrow GWs !

IR-Sphere:
$$\begin{cases} n_k (k \lesssim k_*) \neq 1 \begin{cases} \lesssim 1(F), \\ \gg 1(B) \\ n_k (k \gg k_*) \to 0 \end{cases} \Rightarrow T_{**}^{(j)}, \sim \bar{\psi}\gamma \partial \psi, \ \partial A \partial A \\ \begin{bmatrix} \left(T_{\mu\nu}^{(j)}\right)^{\mathrm{TT}} \to & \mathrm{GW \ Source } ! \end{bmatrix}$$

GWs:
$$\frac{d\rho_{\text{GW}}}{d\log k}(k,t) \propto \frac{Gk^3}{a^4(t)} \int_0^t \int_0^t dt_1 dt_2 \mathcal{G}(k,t_2-t_1) \prod^2(k,t_1,t_2)$$

UTC: $\langle T_{ij}^{\text{TT}}(\mathbf{k},t_1) T_{ij}^{\text{TT}}(\mathbf{k}',t_2) \rangle \equiv (2\pi)^3 \prod^2 (k,t_1,t_2) \, \delta^{(3)}(\mathbf{k}-\mathbf{k}')$

DGF & Meriniemi 2013, DGF 2014 (F), DGF et al 2014 (B) [coming]

$$j = \left\{ \begin{array}{c} F : \{u, d\}, \{l^{\pm}\} \\ B : \{W^{\pm}, Z\} \end{array} \right\} \quad \Rightarrow \quad \Omega_{\mathrm{GW}}^{(j)}(k) \equiv \frac{1}{\rho_c} \frac{d\rho_{\mathrm{GW}}}{d\log k}(k; q_j) \,,$$
$$q_j \equiv \frac{y_j^2}{\lambda_{\mathrm{I}}}, \frac{g_j^2}{\lambda_{\mathrm{I}}}$$

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Fermions:

$$n_k^{(j)}(k \lesssim k_*^{(j)}) \rightarrow \Omega_{\text{GW}}^{(j)}(k) : \left\{ \begin{array}{l} k_p \sim k_*^{(j)} \; (\text{Max.}) \\ \propto k^3, \; k \ll k_p \\ \propto k^{-1.5}, \; k \gg k_p \end{array} \right\}$$

$$k_*^{(j)} \simeq q_j^{\frac{1}{4}} \sqrt{\lambda_{\text{I}}} \varphi_{\text{I}}$$

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Fermions:

$$\begin{split} n_k^{(j)}(k \lesssim \boldsymbol{k}_*^{(j)}) &\to \Omega_{\mathrm{GW}}^{(j)}(k) : \left\{ \begin{array}{l} \boldsymbol{k}_p \sim \boldsymbol{k}_*^{(j)} \; (\mathrm{Max.}) \\ \propto k^3, \; k \ll k_p \\ \propto k^{-1.5}, \; k \gg k_p \end{array} \right\} \; \propto \; \boldsymbol{q}_j^{\frac{3}{2} + \delta} \\ & \left\{ \begin{array}{l} \boldsymbol{k}_k^{(j)} \simeq \boldsymbol{q}_j^{\frac{1}{4}} \; \sqrt{\lambda_{\mathrm{I}}} \varphi_{\mathrm{I}} \end{array} \right. \end{split}$$

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Bosons: Similar analysis !

$$n_k^{(j)}(k \lesssim k_*^{(j)}) \rightarrow \Omega_{\text{GW}}^{(j)}(k), \quad j = W^{\pm}, Z$$

... numerical results only for Fermions (for Bosons coming!)

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SM Ψ 's Param. Exc. \rightarrow GWs (Numerical Results)





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SCALING (Universal Shape) :

 $\Omega_{\rm GW}(k; \mathbf{q}_j) = (H_{\rm I}/M_p)^4 \, (a_{\rm I}/a_{\rm F})^{1-3w} \times \mathbf{q}_j^{1.55} \, \mathcal{U}(k/k_p)$

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$$\mathcal{U}(x) \equiv \mathcal{U}_1 \frac{x^3}{(\alpha + \beta x^{4.5})}, \begin{cases} \mathcal{U}_1 \equiv \mathcal{U}(1) \ [\sim 10^{-5} (\text{RD}), \sim 10^{-6} (\text{MD})] \\ \alpha + \beta = 1 \ [\alpha = 0.25, \beta = 0.75 \ (\text{RD}, \text{MD})] \end{cases}$$



Total GWs :

$$h^2 \Omega_{\rm GW}^{(0)}(f) \simeq \epsilon_{\rm I} \, 10^{-6} \, (H_{\rm I}/M_p)^4 \, \sum_j q_j^{1.55} \, \mathcal{U}(q_j^{-1/4}(k/H_{\rm I}))$$

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SM Yukawa Couplings : $y_t > y_b > y_\tau > y_c > y_\mu \gtrsim y_s > y_d > y_u > y_e$

 $h^2 \Omega_{\rm GW}^{(0)}(f) \propto q^{3/2} \propto y^3 \Rightarrow \text{Top Quark dominates (!)}$

Top Quark dominates (!)



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Top Quark GW Peak Today: $(H_* \sim 10^{14} \text{ GeV}, y_t \sim 0.5)$

<u>Today</u>: $f_p^{(t)} \sim 10^7 \, \text{Hz}$, $h^2 \Omega_{\text{GW}}^{(\text{p})} \Big|_{\text{t}} \sim 10^{-30} \, \lambda_{\text{I}}^{-1.55}$

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 $\lambda_{\rm I} \lesssim 10^{-7}, 10^{-10}, 10^{-11.5} \Rightarrow h^2 \Omega_{\rm GW}^{\rm (p)}|_{\rm t} \gtrsim 10^{-20}, 10^{-15}, 10^{-12.5}$



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SM A_{μ} 's Param. Resonance. \rightarrow GWs (Enhancement?)

Bosonic Enhancement? Ohh Yes!

$$\Omega_{\rm GW}(k) \propto \sum_F q_F^{1.5+\delta_F} \mathcal{U}_F(k;q_F) + \sum_B q_B^{1.5+\delta_B} \mathcal{U}_B(k;q_B)$$

$$A \equiv \frac{\mathcal{U}_{B}(k;q)}{\mathcal{U}_{F}(k;q)} \gg 1 \; \Rightarrow \; \Omega_{\mathrm{GW}}^{\mathrm{tot}}(k) \sim \Omega_{\mathrm{GW}}^{(t)} + \Omega_{\mathrm{GW}}^{(W,Z)} \sim A \times \Omega_{\mathrm{GW}}^{(t)} \gg \Omega_{\mathrm{GW}}^{(t)}$$

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If Param. Resonance of W_{μ}, Z_{μ} included... IS THIS ALL?? NO!

Decay widths, backreaction, rescattering, thermalization



including also gauge bosons ...



CHILDREN-PARTICLES:



GRAND-CHILDREN PARTICLES: $(\tilde{n}_k^j) = \sum_{i=1}^j (1 - e^{-\Gamma_i \frac{T}{2}}) n_k^i$ PERTURBATIVE DECAYS

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including also gauge bosons ...

THEN...

Decay widths, backreaction, rescattering, thermalization MUST BE INCLUDED!

Need: Kurkela & Moore thermalization like-studies!!

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0. Context: The early Universe $\sqrt{}$

1. Gravitational Waves: Probe of the early Universe $\sqrt{}$

2. Parametric Excitation \Rightarrow Out-of-Eq. Dynamics \Rightarrow GWs $\sqrt{}$

3. Phase Transitions \Rightarrow Cosmic Defects \Rightarrow GWs

3. SYMMETRY BREAKING \rightarrow COSMIC DEFECTS



3. SYMMETRY BREAKING \rightarrow COSMIC DEFECTS

DYNAMICS OF THE HIGGS: Hybrid Preheating (Abelian-Higgs) [Dufaux et al 2010]



3. SYMMETRY BREAKING \rightarrow COSMIC DEFECTS

MAGNETIC FIELD DYNAMICS: Hybrid Preheating (Abelian-Higgs) [Dufaux et al 2010]



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CMB Temperature constraints: $v \leq (5-10) \times 10^{15}$ GeV [Strings, O(4)-textures] [PLANCK team 2013]

CMB Polarization constraints (BICEP2): $v \leq 5 \cdot 10^{15}$ GeV [Lizarraga et al 2014 (local strings), Durrer et al 2014 (Global largeN)]

3. GRAVITATIONAL WAVES after SYMMETRY BREAKING:

• Sourced by NON-TOPOLOGICAL GLOBAL DEFECTS

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• Sourced by GENERAL COSMIC DEFECTS

GW from the aftermath of a GLOBAL PhT



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GW from the aftermath of a GLOBAL PhT



GW from the aftermath of a GLOBAL PhT







LARGE-N LIMIT:
$$\begin{aligned} & \oint_{a}(\mathbf{k},\eta) = (k\eta)^{\frac{1}{2}-\gamma} C_{1}(\mathbf{k}) J_{\gamma + 1}(k\eta) \\ & (\mathbf{k} \eta_{*}^{<1}, \, \text{Super-Horizon Scales}) \end{aligned}$$
(a = η^{γ})

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$$\begin{array}{c} \phi_{a}(\mathbf{k},\eta) & \longrightarrow & T_{\mu\nu}(\phi_{a}) & \longrightarrow & \Pi_{\mu\nu}^{TT}(\phi_{a}) & \longrightarrow & \Box h_{\mu\nu} = 16\pi \mathrm{G} \, \Pi_{\mu\nu}^{TT} \\ \hline \\ FIELD & STRESS & ANISOTROPIC (TT) & GW EQUATIONS \\ FLUCTUATIONS & tensor & STRESS tensor & (TT metric perturb.) \end{array}$$

$$\rho_{\rm GW} = \frac{\langle \dot{\mathbf{h}}_{\mu\nu} \dot{\mathbf{h}}^{\mu\nu} \rangle}{16\pi G} = \int \!\! \frac{d\rho_{\rm GW}(k,\eta)}{d\log k} d\log k \implies \Omega_{\rm GW}(k,\eta) \equiv \frac{1}{\rho_c} \frac{d\rho_{\rm GW}(k,\eta)}{d\log k}$$

TECHNICALLY

$$\left< \phi_a(\mathbf{k}.\boldsymbol{\eta}) \phi_a(\mathbf{k}.\boldsymbol{\eta}) \right> \longrightarrow \left< \Pi_{\mu\nu}^{\mathrm{TT}}(\phi_a) \Pi_{\mu\nu}^{\mathrm{TT}}(\phi_a) \right> \longrightarrow \left< \dot{\mathbf{h}}_{\mu\nu} \dot{\mathbf{h}}_{\mu\nu} \right>$$

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Jones-Smith et al, 2008

Fenu, DGF, Durrer, Garcia-Bellido 2009

Aftermath of GLOBAL PhT: Scale Inv SubH GW

GRAVITATIONAL WAVE BACKGROUND



Let us really focus on what I really want to talk about ...

1. GRAVITATIONAL WAVES after SYMMETRY BREAKING:

ullet Sourced by NON-TOPOLOGICAL GLOBAL DEFECTS \surd

• Sourced by GENERAL COSMIC DEFECTS

CAUSALITY & MICROPHYSICS \rightarrow Cosmic Defects

DEFECTS: Aftermath of PhT \rightarrow $\begin{cases}
Domain Walls \\
Cosmic Strings \\
Cosmic Monopoles \\
Non - Topological
\end{cases}$

DEFECTS: GW Source $\rightarrow \{T_{ij}\}^{TT} \propto \{\partial_i \phi \partial_j \phi, E_i E_j, B_i B_j\}^{TT}$

CAUSALITY & MICROPHYSICS \Rightarrow Corr. Length: $\xi(t) = \lambda(t) H^{-1}(t)$ (Kibble' 76) SCALING: $\begin{cases} \lambda(t) = \text{const.} \rightarrow \lambda \sim 1 \Rightarrow k/\mathcal{H} = kt \\ \langle T_{ii}^{\text{TT}}(\mathbf{k}, t) T_{ii}^{\text{TT}}(\mathbf{k}', t') \rangle = (2\pi)^3 \frac{V^4}{\sqrt{tt'}} U(kt, kt') \delta^3(\mathbf{k} - \mathbf{k}') \end{cases}$

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GW spectrum ($kt \gg 1$): Expansion UTC $\frac{d\rho_{\text{GW}}}{d\log k}(k,t) \propto \frac{k^3}{M_p^2 a^4(t)} \int dt_1 dt_2 \ a(t_1)a(t_2) \ \cos(k(t_1-t_2)) \ \Pi^2(k,t_1,t_2)$

GW spectrum ($kt \gg 1$): R.D. SCALING $\frac{d\rho_{\text{GW}}}{d\log k}(k,t) \propto \frac{k^3}{M_p^2 a^4(t)} \int dt_1 dt_2 \ t_1 t_2 \ \cos(k(t_1 - t_2)) \ \frac{\nabla^4}{\sqrt{t_1 t_2}} U(kt_1, kt_2)$

GW spectrum
$$(kt \gg 1)$$
: $(x_i \equiv kt_i)$ R.D. and SCALING
 $\frac{d\rho_{\text{GW}}}{d\log k}(k,t) \propto \left(\frac{V}{M_p}\right)^4 \frac{M_p^2}{a^4(t)} \left[\int dx_1 dx_2 \sqrt{x_1 x_2} \cos(x_1 - x_2) U(x_1, x_2)\right]$

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GW spectrum ($kt \gg 1$): SCALE INV.!

 $\frac{d\rho_{\rm GW}}{d\log k}(k,t) \propto \left(\frac{V}{M_p}\right)^4 \frac{M_p^2}{a^4(t)} F_U, \quad F_U \sim \text{Const.} \text{ (Dimensionless)}$

GW today: $[\forall PhT (1st, 2nd, ...), \forall Defects (top. or non-top.)]$

$$\Omega_{GW}^{(o)} \equiv \frac{1}{\rho_{\rm c}^{(o)}} \left(\frac{d\rho_{\rm GW}}{d\log k}\right)_o = \frac{32}{3} \left(\frac{V}{M_p}\right)^4 \Omega_{\rm rad}^{(o)} F_U \,, \quad (\text{SCALE INV.!})$$

$$\frac{\Omega_{GW}^{Sim(N)}}{\Omega_{GW}^{(\text{Analytics})}} = \begin{cases} 1.3, & (N = 12) \\ 1.8, & (N = 8) \\ 3.9, & (N = 4) \\ 7.3, & (N = 3) \\ 130, & (N = 2) \end{cases}$$

 $\left\{ \begin{array}{c} \text{LATTICE SIMULATIONS.!} \\ \text{GLOBAL SYM. BREAKING} \\ 1024^3 \rightarrow U(x_1, x_2) \rightarrow F_U \\ \\ \text{[DGF, Hindmarsh, Urrestilla '13]} \end{array} \right.$

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$$V = M_I$$
, Strings: $\frac{\Omega_{GW}^{(\delta)}}{\Omega_{GW}^{(inf)}} \sim \mathcal{O}(10^3)$!

0. Context: The early Universe $\sqrt{}$

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3. Symm. Breaking \Rightarrow Cosmic Defects \Rightarrow GWs $\sqrt{}$
• Inflation, $dS(H_*) \Rightarrow$ Higgs Osc. $\Rightarrow \Psi's$ (Param. Excitation).

- $0 < \lambda_{\rm I} \ll 1$, $H_* \sim 10^{14}$ GeV, Peak's Frequency: $f_* \sim 10^7$ Hz $h^2 \Omega_{\rm GW}^{\rm (p)}|_t \gtrsim 10^{-20}, 10^{-15}, 10^{-12.5}$ ($\lambda_{\rm I} \lesssim 10^{-7}, 10^{-10}, 10^{-11.5}$).
- Similar Conclusions for Higgs Inflation ! Also expected in BSM !
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 Global PhT, large-N limit: NLSM → Self-Ordering Scalar Fields Any PhT: Lattice Simulations → Numerical UTC

- SCALING: $kt \gg 1 \Rightarrow \Omega_{GW}(k,t) = \text{Scale Inv.}$ UNIVERSAL RESULT from ANY PhT!
- For $VEV = M_I$, then $\Omega_{GW} / \Omega_{GW}^{inf} \sim \mathcal{O}(10) \mathcal{O}(10^3)$ GW Direct Detection: Scale-Inv GW not a smoking gun of Inflation

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"This is the end, my only friend, the end, ...", The Doors

THANKS YOU FOR YOUR ATTENTION!!!

SM Param. Excitation REFERENCES:

- DGF, Meriniemi 2013
- Enqvist, Nurmi, Meriniemi & Rusak 2013, 2014
- DGF 2014
- Enqvist, Nurmi & Weir 2014 [coming]
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Cosmic Defect REFERENCES:

- Jones-Smith, Dent & Krauss 2008
- Fenu, DGF, Durrer & García-Bellido 2009
- DGF, Hindmarsh & Urrestilla 2013
- Lizarraga, Daverio, Hindmarsh, Kunz & Urrestilla 2014

- Moss & Pogosian 2014
- Durrer, DGF & Kunz 2014